

compassion & choices

MAGAZINE

Fall 2015

**California
Passes
Death With
Dignity!**

.....

**Support Grows
to End Unwanted
Medical Treatment**

.....

PLUS
Our 2015
Annual
Report

Labor Leader &
Civil Rights Activist

Dolores Huerta

Answers Our Five Questions



Make yours a **DOUBLE**

**Announcing an extraordinary opportunity for
Compassion & Choices and supporters like you!**

A generous donor has offered to match your contribution dollar for dollar. Double your impact on the movement for choice and care at the end of life by giving today. Use the envelope in the center of this magazine or donate online by December 31 at CompassionAndChoices.org/double.



FEATURES

06 Golden Victory

California passes an aid-in-dying law, our biggest win yet!

08 One Activist's Story

Compassion & Choices of Washington's Robb Miller builds a legacy.

12 Living Every Minute

A dying doctor realizes the harm in fearing death.

31 2015 Annual Report

Together we made truly incredible progress over the past twelve months.



06



DEPARTMENTS

02 Inside View

03 Words & Pictures

04 Keeping Count

05 Words to Live (and Die) By

11 Rx for Peace at Life's End

14 Five Questions for Dolores Huerta

17 National Programs Update

24 Advocacy in Action

30 State Spotlight: New York



Compassion & Choices is the nation's oldest and largest nonprofit organization working to improve care and expand choice at the end of life. We:

Support patients and families

Educate the public and professionals

Advocate across the nation

Advancing death with dignity since 1980. Learn more at CompassionAndChoices.org.

inside view



Miles to Go

Every fall I reflect on the year soon to end. And often I've taken pride in the steady accumulation of Compassion & Choices' victories and advances. But 2015 was really something else.

Momentum, begun last October with Brittany Maynard's advocacy, grew steadily throughout

the year. Allies like you joined our movement by the thousands, and together we pushed on, higher and harder than ever before. The heights of visibility and progress we've attained — including passing a death-with-dignity law in California — would have astounded us just a few years ago.

On top of the momentous win in California, more states introduced aid-in-dying legislation than ever before. More media voices featured our stories and backed our mission. Ideas demonized as "death panels" a few years ago gained real traction. More Americans joined forces to empower people in ownership of their end-of-life pathways.

In this issue of *Compassion & Choices Magazine*, we share just how remarkable 2015 has been. We also spell out some strategies to build on this tremendous momentum. Because just as our greatest successes have come through years of determined steps, through stalls and setbacks, those ahead will require the same steady, tenacious pace.

I thank you for all you have done to bring the end-of-life choice movement this far — such a heroic distance! Even more, I'm enormously grateful to have you with us for the climb ahead.

Barbara Coombs Lee
PA, FNP, JD, President

compassion & choices MAGAZINE

Chief Editor
Sonja Aliesch

Art Director
Bhavna Kumar

President
Barbara Coombs Lee

Chief External Affairs Officer
Nick Simmonds

Senior National Director of Communications & Marketing
Gwen Fitzgerald

Contributors
Jane Sanders
Sean Crowley
Anne Singer
Jeanne Duncan
Katie Wingo
Beth Davidson

Advertising, Rights & Permission
CompassionAndChoices.org
Magazine@CompassionAndChoices.org
National office:
1001 Connecticut Avenue, NW, Suite 522
Washington, D.C. 20036

Postmaster
Send address changes to: Compassion & Choices
PO Box 101810, Denver, CO 80250
Bulk postage paid at Denver, CO,
and additional mailing offices.

In the normal course of business, Compassion & Choices regularly exchanges mailing lists with other like-minded organizations. If you would like to have your name removed from these exchanges, please notify us in writing, including your name and address. We will honor your wish upon receipt of your request.

Photo/Illustration Credits

cover, p. 14-15: J. Emilio Flores
p. 2, 23: Owen Carey
p. 6-7, 19, 24-25, 32: Cindy Hegger
p. 8-9: courtesy of Robb Miller
p. 12: James O'Brien
p. 16: Harvey Richards Media Archive / © Paul Richards
p. 17, 18, 22, 34: Zoeica Images
p. 20: Sandy Huffaker (top)
p. 24: courtesy of Brittany Maynard
p. 27: Trenton Photographers (top)
p. 27: Richard Greene (bottom)
p. 32: © Harpo, Inc. / George Burns (bottom)
p. 33: courtesy of Rep. Dan Zwonitzer
p. 35: Jennifer Bishop
IBC: Leo Howard Lubow; lubowphotography.com

words & pictures

The Washington Post

"After [Brittany] Maynard's death in November, lawmakers in more than 20 states and the District — backed by advocates Compassion & Choices ... introduced end-of-life legislation," wrote *The Washington Post* in its first editorial endorsing such laws, published June 23. The endorsement mentioned three leading advocates who have worked with C&C: Brittany Maynard, her mother, Debbie Ziegler, and NPR radio talk show host Diane Rehm.

"Death-with-dignity laws need to be carefully thought out, written and monitored. Oregon and the states that followed its example show that such care is possible. We hope the rest of the nation catches up with this humane option for life's end."



Popular online news journal *Daily Kos* praised Compassion & Choices' website in August — specifically our new End-of-Life Information Center.

"They cover much of the information that anyone needs to know, and it's well worth at least reading through," the piece states after itemizing the many resources available for download through the Center.

TIME

"Ten years ago, [Terri] Schiavo—a severely brain-damaged Florida woman—became a national symbol for how not to die in America," wrote *Time Magazine* in March.

"Jeb Bush ... signed 'Terri's Law' in 2003 to reinsert her feeding tube after courts had ordered it taken out."

"There was a spike in national interest in written advance directives," noted Compassion & Choices President Barbara Coombs Lee. "... that was the first time people realized how intrusive government could actually be."



The Economist published both a cover story about medical aid in dying and an editorial endorsing the option in June, saying it's "an idea whose time has come."

The story quotes Barbara Coombs Lee on death-with-dignity laws: "We are finally reaching a point where we not only have data to back up that this law works, but we have decades of experience with a state that allows aid in dying."

MEDIA



You can check out the best Compassion & Choices news clips of 2015 here:
CompassionAndChoices.org/newsclips



Watch Brittany Maynard Commemorative Video at:
TheBrittanyFund.org



C&C's campaign with Brittany Maynard started with a video that went viral in October 2014. C&C commemorated the anniversary with a new video featuring never-before-seen footage of Brittany as well as a series of events across the country urging legislative action on death-with-dignity bills.

keeping count

One GIANT Year for C&C

Tireless effort at every level of the organization and your dedicated activism made 2015 a year of exceptional growth for Compassion & Choices and the end-of-life choice movement. Look what we've done together!

The # of people our End-of-Life Consultation program served **doubled**



Over **1/2** the states in the nation considered death-with-dignity legislation

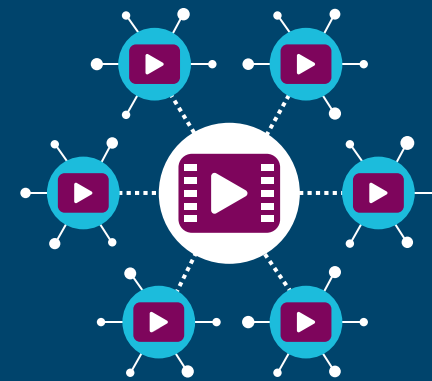
More than **400,000** new supporters joined our movement



We achieved a **500%** jump in news media coverage

words to live (and die) by

Whether you are running for office, trying to change consumer behavior or working to get new laws passed, you need a campaign to succeed. Here are three tested communications tactics campaigners live by ...



VIRAL VIDEO:

More than 100,000 hours of video are uploaded to YouTube every day, but a viral video is one so powerful, people sharing it via e-mail and social media make it exponentially popular, earning it millions of views in a short time.

» **Brittany Maynard's October 6, 2014, video was viewed three million times in its first three days.**

EXCLUSIVE:

A mutually beneficial arrangement in which an important news outlet gets first rights to publish valuable information or a "scoop" provided by a person or group, and agrees to coordinate the publication time so the person or group can strategically plan for it. Other news outlets can cover the story subsequently.

» **C&C gave People Magazine online the exclusive on Brittany's story and first video.**



MICROSITE:

Individual webpages or a small collection of pages that deliver a single, uncluttered message and can also be more easily found through search engines because of their narrow focus. Microsites usually link to a main or parent website.

» **TheBrittanyFund.org is the microsite C&C launched on October 6 for journalists, new supporters and volunteers to visit and learn about this amazing young woman.**



GOLDEN VICTORY

Compassion & Choices' Biggest Win in Two Decades

In a historic moment for terminally ill adults and their loved ones in the Golden State — and a hard-fought victory for Compassion & Choices activists and supporters — California Governor Jerry Brown signed the End of Life Option Act into law on October 5.

The California Senate and Assembly approved this landmark statute, which authorizes adults with six months or less to live to request a doctor's prescription for life-ending medication, on bi-partisan votes. It was authored by Assemblymember Susan Talamantes Eggman and coauthored by Senate Majority Leader Bill Monning and Senate Majority Whip Lois Wolk.

"We applaud Governor Brown for listening to his constituents — 75 percent of whom support this law — and giving terminally ill Californians the right to die peacefully and painlessly," said Compassion & Choices President Barbara Coombs Lee. "Today's indisputable triumph truly honors Brittany Maynard, Jennifer Glass, and every storyteller and supporter who made this issue so urgent and personal to people across America."

This stunning achievement — the biggest since Oregon's Death With Dignity Act was approved by voters in 1994 — emanated from C&C's public 2013 pledge to make aid in dying an open, accessible

and legitimate medical practice in California within five years. Thanks to a savvy, multi-pronged effort fueled by generous C&C supporters, we achieved that goal in just 24 months.

C&C's experienced strategists were prepared to wage this campaign on several fronts: in the legislature, in municipal chambers and courtrooms, and potentially on the 2016 ballot. But as we pursued that varied strategy, the world's unequivocal embrace of California native Brittany Maynard in the fall of 2014 motivated legislators to move more quickly.

"The minute Brittany's story broke, legislators began calling us," said Compassion & Choices California Political Director Charmaine Manansala. "This complex issue now had a face. People understood that no one should have to uproot herself from her home, especially when dying."

C&C has long tried to pass aid-in-dying legislation in California. So why did we succeed this time, during a high-stakes special session, no less? Organization and communication, said Manansala. "This time, C&C had the resources to really push this campaign, from the grasstops to the grassroots. We had an on-the-ground California communications team talking to voters, physicians, legislators and media.



Read Governor Brown's contemplative signing statement, noting the "heartfelt pleas" of Brittany Maynard and Archbishop Desmond Tutu, at bit.ly/GovBrownDWD.

We trained 1,060 volunteers, made 1,329 legislative visits and held 465 events. I've worked on many campaigns, and I'd never seen anything like this."

Another game-changer: the powerful California Medical Association (CMA) — which had for decades opposed death-with-dignity bills — adopting a neutral position. During the special session, C&C staffers worked with the CMA to modify the bill to include safeguards sufficient to deter potential opponents in the bill's final language.

At the heart of this effort were the 122 storytellers C&C staff identified and supported. The stories they told made death with dignity about people, not process. They met with legislators and reporters, and rallied support for the End of Life Option Act, selflessly giving energy, passion and time — of which many had precious little left — to amplify the campaign's cry: California can't wait.

One storyteller not just amplified but personified that theme, to our collective grief. Jennifer Glass, battling advanced lung cancer, was one of the movement's most spirited advocates — testifying in Sacramento, producing motivational videos, blogging, writing op-eds and more. Heartbreakingly, Jennifer passed away in August, just one week before our redoubled push to pass the End of Life Option Act during the special session.

While this incredible victory heralds a more humane day for terminally ill Californians, our fight is far from over. C&C will be prepared to defend the law in court or at the ballot. We'll also work with physicians to fully integrate aid in dying into California's medical system to ensure that aid in dying becomes what the law intends: open and accessible.

Christy O'Donnell, a 47-year-old single mom from Santa Clarita dying from cancer and one of C&C's most vocal advocates, celebrated this remarkable moment. "I'm overjoyed for all the terminally ill in California who can now relax knowing they finally

have the choice of aid in dying as one of their end-of-life options," she said. "No more worrying that they will suffer great physical and emotional pain at the end of their life, when they have already suffered painfully for so long."

Dan Diaz, Brittany Maynard's widower, added, "My wife was an extraordinarily loving individual who tried to make a difference for the rest of us, even while she was battling persistent pain and discomfort at the end of her life. Working with the talented staff and volunteers at Compassion & Choices, Brittany was able to spread her message and help get this vital piece of legislation into law. I feel an immense pride in Brittany and C&C for what we were able to accomplish this year."



Christy O'Donnell with her daughter, Bailey, in front of a California state symbol, the grizzly bear, at the Capitol building



The late Jennifer Glass speaks out in support of the End of Life Option Act. Pictured from left to right: Sen. Majority Whip Lois Wolk, Sen. Dr. Ed Hernandez, Dan Diaz (obscured), Sen. Majority Leader Bill Monning, Assemblymember Christina Garcia, Jennifer Glass, Debbie Ziegler, Dr. Robert Olvera and Assemblymember Susan Talamantes Eggman

ONE ACTIVIST'S STORY

... Robb Miller builds a legacy

Few have done more to build the movement for end-of-life choice than Robb Miller, who stepped down as executive director of Compassion & Choices of Washington in April, one month after the 15th anniversary of his joining us.

An admired and beloved leader, Robb helped turn C&C of Washington into the third-largest choice-in-dying organization in the country. His legacy includes passage of Initiative 1000 in 2008, which made Washington the second state to authorize aid in dying.

Robb with his partner, Randy



"We were a small nonprofit called Compassion in Dying when Robb joined us, and his arrival began to lay the foundation for our movement's professional evolution and explosive growth," says Compassion & Choices President Barbara Coombs Lee. "Many times Robb's keen mind, clear voice and impeccable integrity have guided us. He is a steady, bright light illuminating the path to human dignity at life's end."

Robb was drawn to the cause through personal experience. "In 1994, we found out that my partner, Randy, was dying from complications related to AIDS," Robb says. "Shortly after that,

I was diagnosed with HIV, which in 1994 was a terminal diagnosis."

His story parallels the early death-with-dignity movement in Washington, which emerged from the movement to improve care for people with AIDS. "The number of people who were dying from AIDS and the manner in which they were dying — alone, some of them violently, at their own hands — compelled a few compassionate activists to provide counseling and presence at the time of death," Robb says. "I was living that experience."

As his illness progressed, Randy asked Robb to promise that he

would die at home and to help him die when he could no longer walk. Randy was receiving hospice care, but it could not manage his extreme pain.

"I asked his hospice provider how we could honor Randy's wish and shorten the dying process. They were completely unhelpful. 'Sorry, that isn't what we do,' they said."

In 1996, after Randy's death, Robb began his own end-of-life planning in order to avoid the needless suffering his partner had endured. That's when he learned about Compassion & Choices. Here was an organization that could have eased Randy's pain at the end of life — yet his caregivers had withheld information about it.

Hospice "made a conscious choice to deny us information that could have reduced or eliminated Randy's immeasurable suffering," he says. "This made me very angry. I have always carried that anger and desire for justice for Randy and others who died in ways that were abhorrent to them."

Robb became a client of C&C of Washington's End-of-Life Consultation Service; but as he planned for his death,



Robb Miller
Executive Director
of C&C Washington
2000 - 2015



“If I did anything as executive director, it was to carve a place at the table for C&C among the organizations seeking to improve end-of-life care in Washington.”

– Robb Miller

he also began to take a new kind of medication. Robb’s health started to improve dramatically. Don Cook, Robb’s case manager and one of the founders of Compassion in Dying, suggested he be classified as inactive. “That was a good day,” Robb recalls. “Like graduating. It doesn’t happen often.” But that was just the beginning of Robb’s relationship with Compassion & Choices. He continued to follow and support the organization, and in 2000, applied for the job of executive director of C&C of Washington.

“Nothing in my background indicated that I would go in this direction,” he says. A classically trained trumpet player, Robb held a degree in music performance and theory. After playing with orchestras, he changed careers, earned a degree in kinesiology and became an athletic director.

But Randy’s death — and that of Robb’s father, who died of cancer in 1995 — ignited in Robb a burning desire for change. This, plus sharp administrative skills and more than his fair share of personal charisma, made Robb the ideal leader for a group poised to break into the mainstream.

When Robb was hired, C&C of Washington was little more than a one-person shop.

But things began to change with Robb at the helm. Over the next few years, Robb pushed to make end-of-life care a priority for healthcare providers. He was an early advocate of Washington’s adoption of the Physician Orders for Life Sustaining Treatment (POLST) and promoted widespread use of advance directives. Robb formed alliances with other healthcare organizations that would make C&C of Washington a leader in the community.

By the time voters approved Initiative 1000 in 2008, Robb had turned C&C of Washington into a powerhouse of advocacy and political change. The campaign was a high point in a career of highs. “It felt like justice for me, for Randy, for all those people who had to die miserably, violently or alone,” he says. “It is my belief that passage of this law changed the paradigm of end-of-life care in Washington.”

Robb could take a lot of credit for that — but he is quick to deflect praise. Instead, he points to the courage of those who started Compassion in Dying. “I am a direct beneficiary of the pioneers who went out on a limb for people like me,” he says.

Last year, Robb and his current partner got married. “All these wonderful things have happened since I should have died,” he says. “If not for C&C, I am pretty sure I wouldn’t still be here, and I know I wouldn’t feel that my life has had the meaning that it’s had. I am one of the very few people who can say if I died tomorrow, I would die fulfilled.” ■

Honor Robb Miller’s legacy by completing your own advance directive and, if you become seriously ill, a POLST. Visit CompassionAndChoices.org/information to find a variety of end-of-life planning tools.

In September 2015, C&C Washington changed its name to End of Life Washington and now operates independently of C&C. Going forward, Compassion & Choices and End of Life Washington are committed to fostering a strong, collaborative relationship around our shared goals.

The doctors in our movement are heroes. Their courage and altruism help make end-of-life options possible.



Dr. Jeannie Juster

Rx for
PEACE
at Life’s End

Dr. Jeannie Juster, an emergency room physician for 33 years, recently signed on as a medical director for Compassion & Choices Oregon. A windsurfer and outdoors enthusiast, she’s been a supporter of C&C since its founding.

“Patient autonomy has always been a major part of my outlook. Philosophically it’s an issue that I felt was very important even in medical school; it was my generation of new doctors that really started thinking about it. Medicine has since veered away from being a very patriarchal type of enterprise with the physician telling the patient what was best for him. Now patients can really engage as equals with their physician, talking about what they want and how together they can effect that. It’s been a massive transformation.

But it’s not perfect yet, and part of it is generational. Some people still expect their physician to tell them what is best for them instead of starting a dialogue about what, ideally, they want and what’s possible at what cost. And physicians are restricted time-wise because there’s so much emphasis on productivity, and it takes a long time to have these conversations. So I’m really pleased at the emphasis Medicare has placed on reimbursing physicians for having these important discussions because medicine had gotten a little bit away from making time for communicative

interventions (see story on page 17). Procedures were reimbursed, but talking wasn’t. Now there will be more of a balance.

Even young people have to ask themselves what they would want. It’s so hard to visualize oneself in major decline, but eventually we’re all going to face it. You don’t have to dwell on your own mortality, but it’s a comfort to have the dialogue and have it out in the open so no one is blindsided.”

PASS IT ON! ▶▶

Spread the word about the end-of-life choice movement by giving this issue to friends, co-workers or your doctor. Request more at info@CompassionAndChoices.org



Living Every Minute

by **Stuart Farber, MD**

Department of Family Medicine, University of Washington, Seattle

On Halloween 2013, I went to the emergency room with chest pain and shortness of breath. Thus began our odyssey with acute myelogenous leukemia (AML). I say "our" because this journey has emphasized how I live within a network of relationships that includes self, family, community and colleagues. Much to my surprise, I chose to undergo eight months of aggressive chemotherapy and at the time was in "cytologic remission."

Four months into our journey, Annalu, my wife and caregiver, also was diagnosed with AML. She chose to undergo the same aggressive chemotherapy. No surprise to us, physical suffering is the foundation of the worst but medicalization of our lives is a close second.

The fundamental lesson I have learned as a professional patient is that clinicians and patients/families inhabit two entirely different worlds. Unfortunately, the medical world is the one that holds dominion. The surging currents of medicine sweep everyone down a river rushing toward life-prolonging treatment as inevitably as the tides follow the moon. The fallacy that I am an autonomous individual who can and should make treatment decisions based on the medical facts provided by my clinicians continues to confront Annalu and me at every medical crisis point. Discussions focus on treatments to prolong life and make invisible the very life we are living. This medical model protects clinicians from having to make tough decisions and having to engage with their patients and families on an intensely personal level.

As I sat in my hospital bed following my second round of intensive consolidation chemo and seven days of neutropenic fever, the infectious disease (ID) attending shared that I likely had a viral infection that my returning white count should take care of. However, there was a small chance I had PCP pneumonia, and if that was the case, then without treatment I would die. The best way to be certain I didn't have the lethal PCP pneumonia was to have a bronchoscopy. He then asked me, "What do you want to do?" I smiled to myself as I considered his question. First, I was in no shape to decide much of anything given how muddled my mind was by both sickness and grief. But the answer arose from within my inner self. "I don't want to do anything that would make me feel worse. I feel a bit better now than when I came into the hospital. I want to wait and see if I continue to improve. There is a very small chance I have PCP pneumonia and a very large chance I have a virus that will get better. If I'm wrong, I am at peace with the consequences, including death." Much to my surprise the ID attending said, "That is the same choice I would make."

I was dumbfounded. Every word he shared led me to think he wanted to do a bronchoscopy. I am convinced that almost every patient who participated in the same discussion would opt for a bronchoscopy. How can this be? It is craziness. Yet it is repeatedly our experience. How to integrate these two worlds into one shared world is the critical challenge.

So what have I learned from my new friend Leukemia? Personally, I always knew that I was going to die. I just didn't believe it. Now I get it to my core. Knowing I am mortal is a sacred knowledge that makes each moment an awesome gift filled with opportunity for love, joy, and peace. It has transformed how I live my life. If I know I am mortal, then what is important? Sharing love and joy within my relationships: with myself, my wife, my family, my grandchildren, my friends, my colleagues, and the community in this very moment we are living.

Professionally, I understand in a deeper way that death is not a medical event. It is a central life cycle event that we will all successfully complete, no matter how much medical care we get or don't get, or how healthfully we live or don't live our lives. Death is a process to be lived not a problem to be solved. Yet literally every clinician Annalu and I have interacted with is more afraid of death than we are; they focus on solving the problems of our illness with little awareness of how we want to live our lives. It is a paradox. The clinician is focusing on "treating" the illness that threatens life, but the "life" of the person who is ill is invisible. It is critical for clinicians to embrace death as a normal part of life, so they can accompany and guide the patients and families they serve through the sacred process of living until death.

As I gaze into mortality, love sits in the center of my consciousness. Love is the inspiration that creates my courage to move forward as a caregiver to my wife, a patient receiving care, a father accepting support from my children, and a human simultaneously living and inevitably dying in the miracle of this world.

As I sit with my medical caregivers, I see fear of failure at the center of their consciousness, with death being the ultimate defeat. These professionals actively, albeit unconsciously, convey that living longer is always preferable to dying, but they fail to appreciate that the most important act is to support living in harmony with a narrative thread. It is another of the many paradoxes that I live within. I leave my insights as a legacy for others to reflect upon and use as they see fit for the benefit of themselves and all those they touch.

Editors' Note: Dr. Farber died peacefully at home with hospice on February 27, 2015. Getting this article published was an important part of his legacy work, and it contributed greatly to his meaning and purpose knowing that he may not live to see it in print. He will be missed by all.

This is an edited version of an article that originally appeared in *Journal of Pain and Symptom Management* Vol. 49 No. 4, Apr.'15.

A portrait of Dolores Huerta, an elderly woman with dark hair, wearing a dark blue top with red floral patterns. She is looking slightly to the right of the camera with a gentle expression. Her hands are resting on a dark surface in front of her. The background is a soft, out-of-focus indoor setting.

Five Questions for Dolores Huerta

Legendary labor leader and activist Dolores Huerta has fought for civil rights most of her life. From launching the National Farm Workers Association with César Chávez in 1962 to creating the Dolores Huerta Foundation in 2002, she continues, at 85, to tenaciously advocate for social justice. Most recently, she joined Compassion & Choices' efforts to pass California's aid-in-dying law.

Q: You have a phenomenal background in human rights activism, persisting through difficult, even dangerous, situations. Why are you willing to take on such tough work?

A: Because of the need. I first saw the great necessity due to the poverty and discrimination some people suffered. Then once I learned how to organize, I knew that the way they could overcome it was by coming together, by organizing, by finding the power in their own person to start challenging the issues they had to live with — empowering them to advocate for themselves.

Dolores Huerta celebrating her 85th birthday at La Plaza de Cultura y Artes in Los Angeles





Dolores Huerta holds a sign that says "Strike" in Spanish at the beginning of the Delano, Calif., grape strike in 1965

National Programs Update

Praise for New Bipartisan Legislation to Prevent Unwanted Medical Treatment

Below are excerpts from a widely published op-ed written by Daniel Wilson, outgoing director of federal programs at Compassion & Choices

Roughly 25 million Americans have been subjected to unwanted medical treatment at some point in their lives, and that means we have a healthcare system that is not listening to patients. We all say we believe in more patient-centered healthcare, and now we have a bill in the U.S. Congress that would put our money where our mouths are. Literally.

Senators Mark Warner (D-VA) and Johnny Isakson (R-GA) have introduced legislation that would make sure Medicare recipients and their doctors know how much or how little treatment those patients would want as they approach the end of life. The Care Planning Act of 2015 would specifically create a Medicare benefit for people facing grave illness to work with their doctor to define, articulate and document their personal goals for treatment. Doctors will be rewarded with reimbursement for helping patients make very important end-of-life decisions when there is time

and space to do so thoughtfully, before a crisis and when the patient can advocate for herself.

The Care Planning Act will go a long way toward ensuring that once a Medicare recipient has determined and documented their treatment preferences, those preferences go with them. It brings in the patient's family members, friends, religious figures and their health care team to create a larger community of individuals who will understand and support the choices the patient makes. It even allows for training of people in the patient's inner circle of family and caregivers in how to help implement their plan when the time comes.

We are so proud to support the Care Planning Act of 2015, alongside a growing list of organizations including the American Academy of Family Physicians and the American Geriatrics Society. It gets us closer to the patient-centered care everyone supports, and with its bipartisan sponsorship, there is every reason for it to pass and give Americans more power in our healthcare system.

The Campaign to End Unwanted Medical Treatment, of which C&C is a collaborator, hosted a Capitol Hill briefing where Sen. Mark Warner (D-VA) discussed The Care Planning Act of 2015, which he introduced with Sen. Johnny Isakson (R-GA). Warner is known for working across the aisle and called his bipartisan bill the kind of "common ground" solution that can pass Congress. It is smart legislation that involves a broad range of health providers in helping seriously ill patients determine and document their treatment goals.



Q: Can the average person create significant change?

A: Absolutely. Everybody needs to be engaged and informed about what's going on in the world, especially about laws that are being passed. But it's not just about passing laws that are helpful to people. It's also important to elect candidates to our city councils, school boards, state legislatures and U.S. Congress who are really going to help the people and are not just there for their own opportunistic gain. We have to vote for people who work for the common good.

Q: Does the end-of-life choice movement parallel any of the other issues on which you've worked?

A: It's probably most similar to rights for women and reproductive rights. People have to understand it's a personal choice. We should have the right to make these decisions for ourselves, and other people shouldn't interfere. There's a quote by a great Mexican president named Benito Juárez. He said, "Respect for the rights of others means peace." This is another issue that fits into the realm of human rights. People should be able to decide what they want at the end of life. If they are in pain and are going to die anyway, they should be able to make any choice they want.

Q: Social issues move slowly, and the obstacles can be discouraging. Did you ever want to quit?

A: Not really. There were times it became difficult. But when you do this kind of work you always have setbacks, so it's just knowing that if you have a setback you can't quit, because if you quit, you lose. You have to keep organizing until you achieve your goals. Setbacks only make you stronger, because you're not going to make the same mistakes. And you need to have hope, faith in yourself, faith in the people that you're working with and faith in the cause that you're working on.

Q: For decades you've devoted yourself to important causes. When do you plan to retire?

A: I don't intend to! As long as I have the energy and the health to keep on working, I'm going to continue.

Campaign to End Unwanted Medical Treatment Names Amy Berman Honorary Spokesperson



Amy Berman, keynote speaker at the End UMT campaign's April luncheon in Washington, D.C.

The Campaign to End Unwanted Medical Treatment (UMT) welcomes its first honorary spokesperson, Amy Berman. As keynote speaker at the End UMT campaign's April luncheon, Berman awed the audience describing how she empowered herself to make informed healthcare decisions that allow her to actively live her life — a vibrant life — with stage IV cancer. Her nursing background helps her make care choices, but she cites quality of life as her “true north,” choosing the options that will help her “live until I can’t.” She feels healthy and strong, works, and travels.

“The reason I’m doing so well is because my decisions are being honored, and I am not receiving care that would not help me,” Berman said. The Campaign to End UMT is honored to partner with Berman as

she helps advance the conversation and the fight to ensure patients receive the care they want — nothing less, nothing more.

The Campaign also released a compendium of policy briefs reflecting some of the best thinking on healthcare at the end of life, written by policy experts at the National Academy of Social Insurance. The first paper updates readers on the legislative and regulatory environment in which the Campaign to End UMT seeks to effect policy changes. The second paper covers the presentation made at the Campaign's inaugural lunch briefing by Dr. Bernard “Bud” Hammes, who directs the pioneering, successful and effective advance care planning programs across the Gundersen Health System in La Crosse, Wis. There are also papers describing Campaign lunch briefings by former Obama Administration health policy expert Chris Dawe on hospice usage, and by Charles Sabatino of the American Bar Association's

The reason I’m doing so well is because my decisions are being honored, and I am not receiving care that would not help me.

Commission on Law and Aging discussing the trend toward consumer-directed advance planning.

The next scheduled lunch briefing features U.S. Senator Mark Warner of Virginia, co-sponsor of the Care Planning Act of 2015. The Campaign is ramping up its efforts in Washington, finding growing support in the federal health policy community and on Capitol Hill. **Follow its progress at EndUMT.org.**

>> To watch Amy's presentation, visit EndUMT.org.

In the Courts

Compassion & Choices' legal advocacy is one of the strategies used to authorize aid in dying across America and ensure availability of a full range of end-of-life options.

California

C&C filed a lawsuit (*O'Donnell v. Harris*) on behalf of three Californians with terminal or advanced diseases and a physician. On July 24, a San Diego County Superior Court judge dismissed the case, which asserts the California constitution and existing state law allow terminally ill adults the option of medical aid in dying. An appeal is underway. Terminally ill lead plaintiff Christy O'Donnell spoke to reporters after the judge's decision, issued on her 47th birthday, saying, “This is not the outcome I had prayed for, but as a lawyer, I am confident the appeals court will see our case in a different light.”

New Mexico

On August 11, a New Mexico appeals court reversed a 2014 district court ruling that aid in dying is a “fundamental liberty interest” under the New Mexico Constitution. While the decision is disappointing, the ruling was fractured — with three judges writing three different opinions. The New Mexico Supreme Court will hear the case on October 26, 2015. C&C is committed to continuing a vibrant community presence until terminally ill New Mexicans and their loved ones have the comfort and reassurance of legally authorized aid in dying. Our physician outreach and public education initiatives continue during the appeal.

Tennessee

C&C is providing litigation support in a suit filed in Davidson County Chancery Court on behalf of John Jay Hooker, a two-time gubernatorial nominee who has terminal metastatic cancer, and three physicians who want to provide the option of medical aid in dying to terminally ill adults. The suit urged the judge to declare that the state constitution and existing state law allow medical aid in dying. The case was dismissed on September 29, 2015, and counsel is reviewing options for an appeal.

Learn more about our legal initiatives by visiting CompassionAndChoices.org/courts



Plaintiffs Elizabeth Wallner and Christy O'Donnell after the California court hearing



John Jay Hooker and Kevin Díaz at the Tennessee courthouse

Doctors for Dignity Take Legal Action

Dr. Lynette Cederquist, a practicing physician in La Jolla, Calif., is taking her expertise to court to improve end-of-life options in California. In May, Compassion & Choices filed a lawsuit on behalf of Dr. Cederquist and three Californians with terminal or advanced diseases that would protect physicians who honor a patient's request for medical aid in dying.

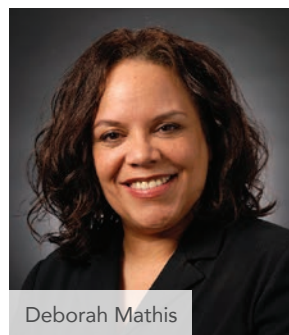
"As a physician who has spent the last 20 years caring for terminally ill patients, I've seen many cases where suffering was unnecessarily prolonged that could have been alleviated if people had more options at the end of their lives," she said. Dr. Cederquist was named "Top Doctor" by the San Diego County Medical Society six of the last nine years. She is board certified in internal medicine with additional board certification in hospice and palliative medicine. She has been a member of the San Diego County Medical Society since 2006.



Lynette Cederquist, MD

Interested in becoming a doctor for dignity? Learn more at CompassionAndChoices.org/doctors.

C&C Hosts White House Conference on Aging Watch Party



Deborah Mathis

The former White House correspondent for Gannett News Service, Deborah Mathis, spoke at a Compassion & Choices watch party in Washington, D.C., during the July White House Conference on Aging hosted by President Obama.

This year marks the 50th anniversary of Medicare, Medicaid and the Older Americans Act, and the 80th anniversary of Social Security. The conference recognized the importance of these programs and

the issues facing older Americans for the next decade, including caring for older loved ones.

In that spirit, the Obama administration launched Aging.gov to help older Americans and their families, friends, and caregivers find local services and resources in their communities, such as long-term care.

Aging.gov complements Compassion & Choices' End-of-Life Information Center (CompassionAndChoices.org/information). This one-stop locale for advance healthcare planning, end-of-life information and forms features our *Good-to-Go Toolkit* and the dementia provision, which are exclusive to C&C.

C&C Seeks to Strengthen Medicare Proposal to Pay Doctors for End-of-Life Care Conversations

When the Centers for Medicare and Medicaid Services (CMS) asked for public comments on its proposal to make doctor-patient conversations about advance care planning a separate, reimbursable service under Medicare, C&C offered two key recommendations to improve the plan. First, the initial conversation with a patient regarding their treatment preferences should take place during the standard "Welcome to Medicare" visit so these conversations can happen before diagnosis of a terminal illness. Second, CMS should give physicians the flexibility and autonomy to engage in additional conversations as needed: at least once a year as part of a patient's annual medical review, and more often if necessary given each individual patient's unique disease diagnosis, prognosis and trajectory.

In submitting these suggestions, Compassion & Choices Chief Program Officer Kim Callinan wrote: "These conversations can help patients understand

their treatment options, recognize the need to plan ahead for the care they choose, avoid unwanted medical treatment and better ensure their end-of-life healthcare wishes are carried out if they are unable to speak for themselves." The CMS policy changes would take effect in 2016.

In the legislative arena, reimbursement is also central to the Care Planning Act of 2015, sponsored by U.S. Senators Mark Warner (D-VA) and Johnny Isakson (R-GA), which Compassion & Choices supports. This bipartisan bill would create a Medicare benefit for people facing grave illness to work with their doctor to define, articulate and document their personal goals for treatment.

You can send a letter urging your member of Congress to pass the Care Planning Act of 2015 by visiting CompassionAndChoices.org/careplanningact.

Welcome, Sarah Brownstein!

Compassion & Choices is delighted to introduce our new national volunteer manager, Sarah Brownstein. This summer, our dedicated volunteer base reached a staggering number, surpassing 3,000 volunteers nationwide. From advocating for pending bills to speaking with community members about end-of-life issues, volunteers fuel Compassion & Choices' success.

Sarah will recruit, train and deploy volunteers for Compassion & Choices. She will also build C&C's National Speakers Bureau, a new initiative to increase our outreach and impact at national conferences,

medical symposiums and other large forums. Sarah comes to C&C with extensive legislative knowledge, having most recently worked as a policy analyst and legislative aide to a Texas state senator. Sarah joined C&C for several reasons: "Professionally, I have always prioritized work that has a broad and positive impact. Personally, I have aging parents, one of whom has multiple sclerosis and lives in a state where there are no legal protections for aid in dying. Her situation puts this issue in perspective, and gives an urgency and timeliness to the work."

It's easy and rewarding to become a volunteer: email volunteer@CompassionAndChoices.org or call us at 800.247.7421.

national programs update

C&C Hires Three Senior Staffers

Compassion & Choices has successfully recruited three talented senior staff members to help the organization meet its rapidly expanding agenda of end-of-life issues.

Nicholas Simmonds, previously CEO/president of Providence Health Foundation, signed on as chief external affairs officer.

He oversees all development, marketing and communications from C&C's Washington, D.C., office. Simmonds is a former president of the Washington, D.C., Metro Chapter of Association of Fundraising Professionals (AFP), was named its Outstanding Fundraising Professional in 2007 and led a program that won the Campbell & Company AFP Award for Excellence in Fundraising in 2001.

"I want to help Compassion & Choices expand its reach and engage new audiences to match the demand for autonomy at the end of life," said Simmonds.

Kimberly Callinan, most recently general manager and senior vice president of health communications and programming at IQ Solutions, where she managed a 125-person team that worked across the Department of Health and Human Services, and a former executive director of the Maryland Democratic Party is C&C's new chief program officer, also in C&C's D.C. office.

She works collaboratively with the organizational management team to develop the vision, set the strategic program priorities, and direct the design and management of all C&C programming. That includes overseeing 1) the development of C&C's federal policy agenda and C&C's involvement in the Campaign to End Unwanted Medical Treatment, 2) C&C's political and field teams, 3) the strategic direction of C&C's innovative legal advocacy and 4) the End of Life Resource Center.

"I look forward to leveraging C&C's powerful network of more than 500,000 supporters with the ultimate goal of implementing policies to ensure that patients get the medical care that they want at the end of their life — nothing more and nothing less," said Callinan.

Corinne A. Carey, former assistant legislative director for the New York Civil Liberties Union, was hired as C&C's New York state campaign director. She will lead the organization's advocacy campaign for death-with-dignity legislation in the state.

Her hiring coincides with unprecedented bipartisan progress on

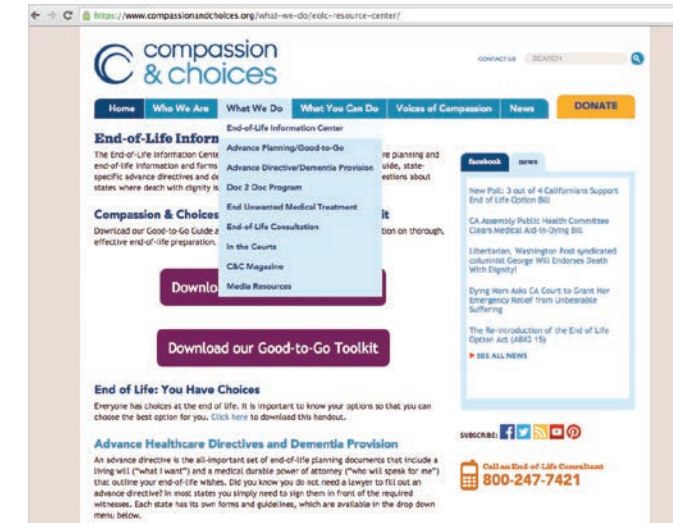


top to bottom: Nick Simmonds, Kim Callinan, Corinne A. Carey

death with dignity in Albany. State Senators Diane Savino (IDC), Brad Hoylman (D) and John Bonacic (R), and Assemblymembers Amy Paulin (D) and Linda Rosenthal (D) have all introduced bills this year.

"As we connect with voters, advocates and legislators, I'm confident that New York will become the next state to authorize death with dignity," said Carey.

Crucial Planning Made Easy



Compassion & Choices is pleased to share the newest addition to CompassionAndChoices.org ... our End-of-Life Information Center! It's your one-stop advance healthcare planning resource. You will find extensive material to share your end-of-life priorities with your physician and family, including our *Good-to-Go Guide* and *Toolkit*, downloadable state-by-state advance directives, dementia provision, advocacy materials, and more.

Visit and explore this valuable resource today at [CompassionAndChoices.org/information](https://www.compassionandchoices.org/information). As always, you can also request information by calling 800.247.7421.

Remembering a Gentle Hero

Compassion & Choices honors the noble life and benevolent work of EOLC consultant Mark Ferguson. Mark died of cancer on August 21, 2015, peacefully at home with his husband, Fred Beal, their four dogs, his brother Don and a hospice nurse by his side. "The forthright support our consultants give dying people and their loved ones forms the roots from which all our other work grows. Principles of human dignity, self-determination and nonabandonment rise from these roots to spread through every part of C&C. Mark's work fed the trunk, branches and leaves of our own giving tree," said President Barbara Coombs Lee. "He did this daily, quietly, without fanfare or angst."

Mark's brave and compassionate spirit lives on in his colleagues, C&C volunteers and all who are devoted to easing the suffering of others.



Advocacy in Action

How Brittany Maynard Changed the Landscape: Death-With-Dignity Bills Spread Across the States



above: The now-iconic image of Brittany Maynard from 2013, before her cancer diagnosis



right: Brittany's widower, Dan Diaz, testifying in the California legislature

It is impossible to talk about the transformative campaign that 29-year-old Brittany Maynard launched without first talking about the rare privilege it was to know her. No one at Compassion & Choices will ever be the same, inspired as they were by Brittany's wisdom and generosity. C&C's campaigns to pass death-with-dignity laws will never be the same, either. On what would have been Brittany's 30th birthday, November 19, 2014, C&C issued its nationwide call to make aid in dying available to residents of every state. One year later, the progress is astounding: aid-in-dying legislation passed in California and has been introduced in 26 states plus the District of Columbia, with more than 215 elected lawmakers as primary or co-sponsors.

C&C is commemorating that campaign with a series of activities that elevate the issue in the media and keep legislative progress moving in the states.

To mark the one-year anniversary of her first video, C&C issued a new video on October 6 with footage of Brittany Maynard the public had not yet seen. There is also a series of face-to-face events for activists to lobby lawmakers for state-level aid in dying laws and local resolutions supporting them. Supporters are also writing letters-to-the-editor and sharing with their online networks about Brittany and her family's unyielding commitment to make death with dignity an option in every state.

After being diagnosed with terminal brain cancer and researching her treatment options, Brittany Maynard made the decision to relocate from California to Oregon so that she could access its Death With Dignity Act. Believing that no one should have to go to such lengths to access a medical option everyone deserves, Brittany contacted C&C the summer before she died and offered her partnership. In what

"Brittany's Momma," Debbie Ziegler, speaking at a California press conference



C&C California Political Director Charmaine Mansala takes her turn beside other citizens voicing support for death with dignity in Sacramento



time she had remaining, she would work to enact death-with-dignity laws across the country.

Brittany always said she could never have made it to Oregon without the love and support of her husband, Dan Diaz, and mother, Debbie Ziegler. Before she died, she asked them to continue her campaign — and they have. Dan, Debbie and other family members focused their efforts on legislation in California. Both appeared alongside the lawmakers introducing California's End of Life Option Act at Sacramento press conferences. Both testified, spoke at organizing events and talked with the media numerous times. And both were there on the historic day in September when the full legislature passed the bill during a special session. Two weeks later, the bill was transmitted to Governor Jerry Brown, who signed it into law on October 5. The significance of the bill's passage is profound. It makes California

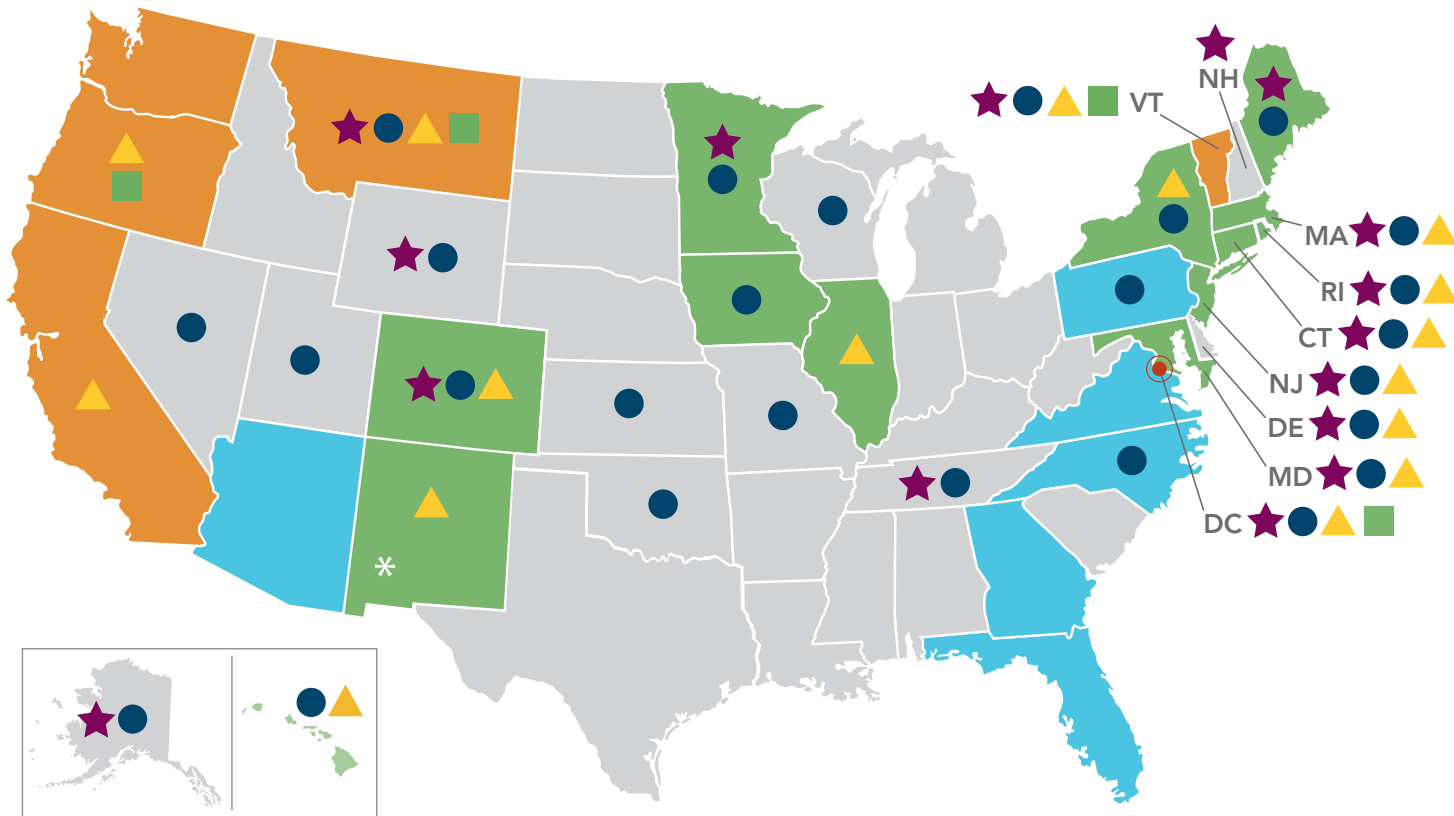
A YEAR AGO THIS OCTOBER ...

C&C's campaign with Brittany Maynard started with a video that went viral in October 2014. C&C commemorated the anniversary with a new video featuring never-before-seen footage of Brittany and a series of events across the country urging legislative action on death-with-dignity bills. Watch Brittany Maynard's commemorative video at TheBrittanyFund.org

the second state, after Vermont, to originate, debate and pass a death-with-dignity law in the legislature. Now the 12 percent of Americans who live in California will have the peace of mind that access to aid in dying provides.

>> See page 6 to read more about our California victory.

advocacy in action



*A decision overturning the authorization of aid in dying is under appeal in New Mexico.

- Aid in Dying Authorized
- C&C Campaigns Underway
- Organized Grassroots Initiatives
- ▲ C&C Staff Locations
- States with Aid-in-Dying Bills in the Legislature in 2015
- ★ States with Legislative Action in 2015

A packed hearing room where Maine's Health & Human Services Committee heard testimony on aid-in-dying legislation



The family's availability for high-profile media interviews and low-profile lobbying across the country has had immeasurable impact on progress in other states, too. Here are a few highlights. An aid-in-dying bill passed the **New Jersey** Assembly on a bipartisan vote 12 days after Brittany's death, and C&C is now shepherding it through the Senate. A new bill in **New York** is on track to its first hearing (see State Spotlight story on page 30). Fifty legislators signed on to co-sponsor a death-with-dignity bill in **Maryland**, where hearings were held in both the Senate and the House of Delegates for The Richard E. Israel and Roger "Pip" Moyer Death With Dignity Act, which comes back before the legislature this winter. **Montana's** five-year-old *Baxter* ruling authorizing medical aid in dying survived three legislative efforts to repeal or erode it, thanks to bipartisan support. **Vermont's** two-year-old aid-in-dying law survived repeal efforts and became permanent. C&C sprang into action in **Maine** where a bill ultimately fell just

See the map for the status of your state!

C&C needs citizen lobbyists to meet with state lawmakers, organize grassroots support in their own communities, and write to legislators and media outlets expressing their support – and demand – for more end-of-life options.

TO GET INVOLVED...

Visit us at:

CompassionAndChoices.org/get-involved

Send us an email:

volunteer@compassionandchoices.org

Send a letter to your local lawmaker at:

CompassionAndChoices.org/state-action-center

Connect online:

Like us on [Facebook](#) and follow us on Twitter [@compandchoices](#)

or Call: 800.247.7421

one vote shy of passing the Senate on its first try. C&C also dispatched staffers to **Wyoming** and **Rhode Island** to testify and support legislative efforts.

This year, C&C is expanding into several additional states, including **Delaware, Florida, Hawaii, Illinois, Iowa, Maine, Minnesota, New Hampshire** and **Pennsylvania** even as campaigns continue in **Massachusetts, Connecticut, New York, New Jersey, Maryland, Colorado** and the **District of Columbia**.

So much of this progress is thanks to the women and men across the country who were inspired by Brittany to come out and tell their stories ... people facing their own fears about how they might die from cancer that riddles their bodies, people who have seen loved ones die peacefully using aid in dying, and those who have witnessed painful, drawn-out deaths where aid in dying is not available. Whether



The sticker worn by dozens of C&C activists attending a hearing in the New Jersey legislature

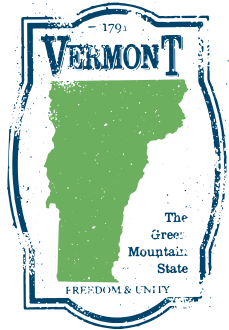
DID YOU KNOW

C&C also protects access to aid in dying in states where it is authorized. C&C is actively working with medical communities and conducting public education to expand access in Oregon, Washington, Montana, New Mexico, Vermont and now California.

written down in a newspaper op-ed, delivered in legislative testimony or shared at a community event, these stories educate lawmakers and help them understand the urgent need to pass death-with-dignity laws now.



Delegate Shane Pendergrass, sponsor of Maryland's death-with-dignity bill in the House, speaks at a press conference



How Death-With-Dignity Bills Become Law: A Case Study From Vermont

It was 18 years from the time an early version of what became Vermont's death-with-dignity law was first introduced to its enactment. This timeline offers a snapshot of the often-lengthy legislative process by which residents of a state come to have access — and preserve access — to this compassionate end-of-life option.

- 1995... ● The first death-with-dignity bill in Vermont was introduced 20 years ago. House Bill 335, The Rights of Terminally Ill Patients, was introduced in 1995, and again in 1997 (H.109) and 1999 (H.493).

++++++
- 2004 ● **MAY** – 78 Vermont lawmakers ask their Legislative Council to examine the Oregon Death With Dignity Act and report findings to the legislature.

DECEMBER – The Vermont Legislative Council publishes a report detailing the positive outcomes and efficacy of Oregon's Death With Dignity Act.

++++++
- 2007 ● **JANUARY** – H.44 and S.63, both An Act Relating to Patient Choice and Control at the End of Life, are introduced in the Vermont House and Senate respectively; fizzles in the Senate but gets a House hearing and vote.

MARCH – H.44 was defeated 82 to 63 in a House floor vote following successful committee votes.

++++++
- 2009 ● **APRIL** – S.144 and H.455, both An Act Relating to Patient Choice and Control at the End of Life, are introduced in the Vermont Senate and House respectively; both go nowhere.

++++++
- 2010 ● **OCTOBER** – Democratic gubernatorial candidate Peter Shumlin promises to make signing a death-with-dignity law a top priority as governor.



2011

++++++

● **FEBRUARY** – H.274 and S.103, both An Act Relating to Patient Choice and Control at the End of Life, are introduced in the Vermont House and Senate respectively; neither advance.

++++++

2013

● **JANUARY** – Senate Health and Welfare Committee holds a public hearing on S.77, the Patient Choice at the End of Life Act, in the well of the House.

● **FEBRUARY** – S.77 is introduced in the Vermont Senate, followed by three readings and four roll-call votes. There is one reading of the bill in the House.

● **APRIL** – There are two readings and five roll call votes in the House.

● **MAY** – S. 77 passes the Vermont House and the Senate, and is sent to the governor after one reading and seven roll-call votes in the House, and four roll-call votes in the Senate. **Governor Peter Shumlin signs the Patient Choice at the End of Life Act (now officially Act 39) into law, making Vermont the first state to authorize medical aid in dying through the legislative process.**

++++++

2014

● **OCTOBER** – After battling cancer, Annette Vachon becomes the first Vermonter to self-administer aid-in-dying medication as authorized by Act 39.

++++++

2015

● **MARCH** – The Vermont Senate votes down proposal to repeal Act 39; makes permanent some protections originally scheduled to sunset in 2016.

● **APRIL** – The Vermont House votes down efforts to repeal Act 39; makes permanent some protections originally scheduled to sunset in 2016.

● **MAY** – Governor Peter Shumlin signs the revisions to Act 39, Patient Choice and Control at End of Life Act, into law making some protections permanent.

New York

C&C is harnessing popular demand for expanded end-of-life freedom and reaping results in the Empire State. Within months of launching a campaign for death with dignity in all 50 states on November 19, 2014, three separate bills authorizing aid in dying were introduced in the New York legislature. C&C is mobilizing around the New York End of Life Options Act sponsored by Senator Diane Savino, an independent Democrat from Staten Island. As Savino and her team develop a unified legislative strategy, C&C is working in the Capitol and across the state to secure the votes to pass the bill.

C&C rallied 21 supporters for a Lobby Day in Albany in May, meeting with 18 legislators and identifying more co-sponsors for an Assembly bill. C&C's aggressive media strategy includes placing op-eds in key outlets. One standout was Amanda Avery's piece in the *Albany Times Union* describing the death of her 29-year-old partner, Chrissi, to cancer. Also powerful was Reverend Paul Smith writing in the *Brooklyn Eagle* that counseling and comforting dying people informs his advocacy for death with dignity: "When dying persons have alternatives — a final measure of control — they feel a sense of comfort and peace that allows them to truly live during their last days. This is the greatest gift we can grant our dying friends and loved ones."



C&C's citizen lobbyists pose with State Senator Diane Savino (center with red coat), sponsor of the New York End of Life Options Act, between visits with other legislators in the Capitol on May 13, 2015

In August, C&C's New York campaign director came on board. Corinne Carey's extensive experience working on civil rights and healthcare issues in Albany allowed her to hit the ground running.

If you live in New York — or any state — go to CompassionAndChoices.org/state-action-center for an easy tool to send an email directly to your state representatives telling them you support death with dignity.

Annual Report 2015

WHAT A YEAR!

Decades of dedicated work paid great dividends throughout 2015. With your support, **Compassion & Choices** caught the nation's attention like never before, generating a surge of momentum that propelled the end-of-life choice movement to new heights. Read on to see what we have achieved.

annual report

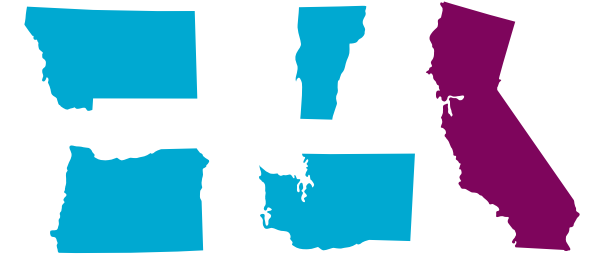
26+ 

states plus D.C. considered aid-in-dying laws: Dr. Robert Olvera, an East Los Angeles physician who lost his 25-year-old daughter Emily Rose to leukemia in April, joined C&C to help pass the End of Life Option Act in California. His family's experience convinced him that terminally ill people need the option of a gentle death on their own terms.



Dr. Olvera holding a photo of his daughter Emily at a Sacramento press conference

5 states now authorize aid in dying: Oregon, Washington, Montana, Vermont and California. A decision overturning the authorization of aid in dying is under appeal in the New Mexico Supreme Court.



217 

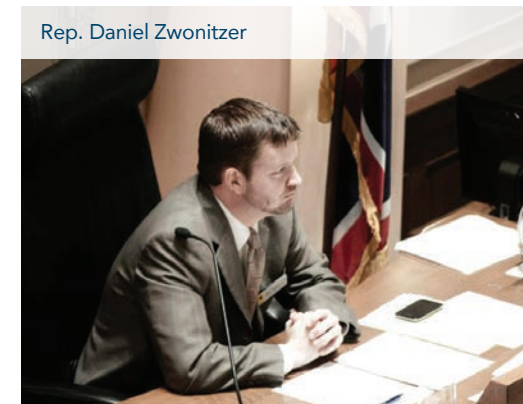
lawmakers sponsored or co-sponsored aid-in-dying bills: Wyoming Representative Daniel Zwonitzer, (R-Cheyenne), learned from working in the auction and estate sale business that too many terminally ill people in Wyoming take their lives violently, such as with a gun. The death-with-dignity bill he sponsored is under interim study.



Oprah Winfrey interviews Dan Diaz, Brittany Maynard's widower, for her Oprah Winfrey Network program, "Where Are They Now?"

500%

increase in media coverage: Prolific and outspoken champions of the right to aid in dying such as Brittany Maynard, Christy O'Donnell, Barbara Mancini and Jennifer Glass appeared on magazine covers, talk shows and the web, sharing their painful stories to bring attention to the issue and motivate supporters.



Rep. Daniel Zwonitzer



3,000+

volunteers now fill C&C's ranks: Barbara Davis of Newark brings a news clip to show legislators during New Jersey Lobby Week.

annual report

500,000

C&C has amassed nearly half a million **supporters**: Tennessee civil rights champion John Jay Hooker, suffering from stage 4 metastatic cancer, partnered with C&C to take his plea for end-of-life autonomy to the courtroom. "It is the ultimate civil right," Hooker said, "to be able to die with dignity, while you still have some choice in the matter."



74%

of Americans polled in a Harris survey last November agreed that: "Individuals who are terminally ill, in great pain and who have no chance for recovery have the right to choose to end their own life." Support cut across all generations and educational groups, both genders, and even political affiliation.



The **number of people** served by C&C's End-of-Life Consultation Service doubled: Aris T. Allen Jr. — son of the first African-American chair of the Maryland Republican party, who ended his life violently after contracting terminal cancer in 1991 — recalls how frank talks about end-of-life preferences eased sorrow after his father's death. "I would recommend that everyone have 'the conversation' and talk with their loved ones about what they want and don't want, as well as complete an advance directive so their wishes are known."



+1,000%

increase in traffic to CompassionAndChoices.org and over one million visitors to the website TheBrittanyFund.org, which C&C launched for our campaign with Brittany Maynard.



256%

increase in Facebook fans, putting our messages in front of an ever-broader audience on the preeminent social media network.

5

In collaboration with with 18 organizations, the Campaign to End Unwanted Medical Treatment published a collection of five **policy briefs** written by experts at the National Academy of Social Insurance. The briefs provide useful insight into issues around advance care planning and end-of-life healthcare.



Combined Statement of Financial Position

June 30, 2015

ASSETS

Current Assets:

Cash and cash equivalents:	
Operating	2,037,237
Investments	2,588,649
Pledges receivable-current portion	2,621,000
Investments	16,219,146
Prepaid expenses	147,429
Beneficial interest in charitable remainder trusts	168,984
Other current assets	7,421
Total current assets	23,789,866

Property, Equipment and Improvements, at Cost:

Furniture, fixtures and equipment	456,744
Leasehold improvements	62,446
	519,190
Less accumulated depreciation and amortization	315,671
Total property, equipment and improvements	203,519

Other Assets:

Pledges receivable net of current portion	137,000
Intangible assets	15,764
Deposits	30,875
Total other assets	183,639
TOTAL ASSETS	24,177,024

LIABILITIES AND NET ASSETS

Current Liabilities:

Current portion of obligations under capital leases	14,717
Accounts payable	456,899
Accrued payroll and vacation	340,677
Accrued expenses	1,500
Total current liabilities	813,793

Long-term Liabilities:

Gift annuity payments due	490,348
Total long-term liabilities	490,348
Total liabilities	1,304,141

Net Assets:

Unrestricted:	
Operating	22,686,452
Net investments in property, equipment and improvements	186,431
Total net assets	22,872,883
TOTAL LIABILITIES AND NET ASSETS	24,177,024

Combined Statement of Activities & Changes in Net Assets

For the Year Ended June 30, 2015

Revenue and Other Support:

Contributions	15,373,419
Membership fees	207,355
Foundation Revenue	135,000
Investment income, net of expenses	389,624
Realized and unrealized loss on investments	(261,571)
Other Income	525,589
Total revenue and other support	16,369,416

Expenses:

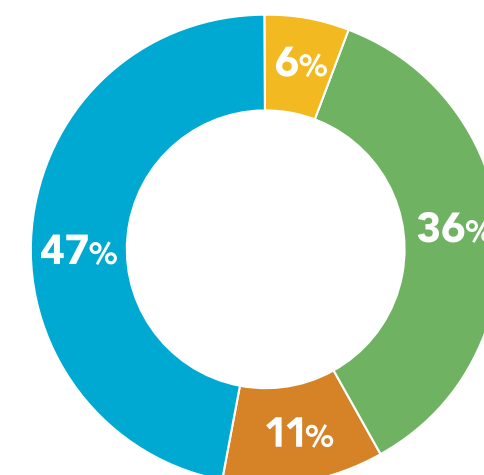
Programs	12,849,683
General and administrative	1,836,558
Fundraising	1,012,582
Total expenses	15,698,823
Increase in net assets	670,593

Net Assets:

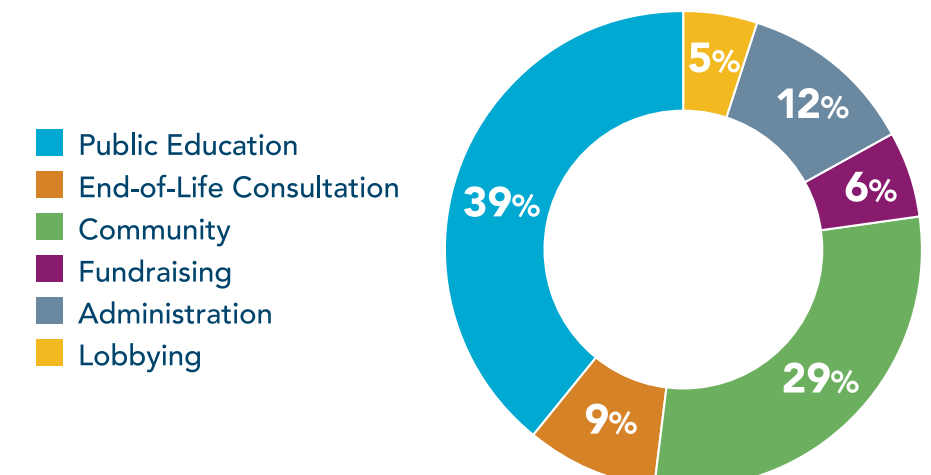
Total net assets, beginning,	22,202,290
Net assets, ending	22,872,883

Costs for the Year Ending June 30, 2015:

PROGRAM COSTS



ALL COSTS



Board of Directors



Nancy Hoyt
Chair



Claire Jacobus
Vice Chair



Jaren Ducker
Treasurer



Karen Pye, MPH
Secretary



Betsy Van Dorn
Development Chair



Ignacio Castuera, Rev. Dr.



David N. Cook, MTh, JD



Debbi Gibbs



Charlie Hamlin, M.D.



Stephen Hut



Samantha Sandler



Sharon Shaffer



Thomas J. White, PhD



Irene Wurtzel

Ex-Officio Members



Barbara Coombs Lee
PA, FNP, JD, President



Marcia Campbell
CPA, CFO



Mickey MacIntyre
Chief Strategic Officer

Thank You to All Our Donors

Compassion & Choices is always profoundly grateful to the many thousands of donors who give so generously to our mission. In 2015, we received over 57,000 donations ranging from \$1 to grants in the millions. Each and every gift is vital to our success — and future. While space limitations only allow us to list donors of \$1,000 or more here, Compassion & Choices appreciates every single gift we receive. Through your commitment to our work, you provide a solid foundation on which to build going forward.

Totals are for gifts made in FY 2015 (July 1, 2014 – June 30, 2015)

* Deceased

Circle of Choice (\$50,000+)

Anonymous (6)
Mr. and Mrs. William Biggs
Ms. Emily C. Bond*
Coon Revocable Family Trust*
Earth and Humanity Foundation
Fidelity Charitable Gift Fund
Lisa and Douglas Goldman Fund
Dr. Robert Holzapfel
Mr. and Mrs. Joseph F. Horning
Patricia Stryker Joseph
The Kate Cashel Fund of the
Community Foundation for the
Greater Capital Region
Mrs. Jan Perry Mayer
Open Society Institute
Raymond James Charitable
Endowment Fund
San Francisco Foundation
Samantha B. and Mark J. Sandler
Schwab Charitable Fund
Ms. Louise M. Stoney
Stupski Foundation
Mrs. Joyce L. Stupski
Richard Arthur Unger Trust
Vanguard Charitable Endowment
Ms. Merla Zellerbach* and
Mr. Lee Munson
Ms. Min Zidell

Circle of Comfort (\$25,000+)

Anonymous (2)
Mr. Dan Busemeyer
Richard A. Busemeyer Atheist
Foundation
The Congdon Family Fund
Mr. and Mrs. Thomas E. Congdon
Ms. Friedericka A. Dalbey*
Denver Foundation
Doctors Norman C. and
Gilda M. Greenberg
Head Family Charitable Foundation
Ms. Kathryn Head
Jewish Community Federation and
Endowment Fund
Ms. Barbara J. Meislin
Ms. Jane Orans
Ms. Margot Copeland Pyle
Ms. Jerri Lea Shaw and
Mr. Raymond H. Johnson
Margaret L. Stevens Foundation
Mrs. Margaret L. Stevens
Walter Van Dorn and
Betsy Nimitz Van Dorn
Mr. Frank W. Wells*

Circle of Dignity (\$15,000+)

Anonymous (2)
Ms. Evelyn Beekman
The Barbara R. Bergmann Revocable
Trust, Hon. Barbara R. Bergmann, PhD*
Mrs. Irma A. Bixby*
Mr. Ronald Blum
The John G. Bolos Charitable Gift Fund
Mr. and Mrs. Gordon Dipaolo
Donors Trust
The H. B. B. Foundation
Dr. Virginia Kanick
Ms. Elizabeth T. Kirkpatrick
Kenneth and Frayda Levy
Ms. Linda M. Lutes
Ms. Lynne R. Malina
Mrs. Margot Mazeau
Dr. Thomas M. Neal
Mr. and Mrs. Aryieh Neier
The Quinette Family Fund
Clinton H. and Wilma T. Shattuck
Charitable Trust
William B. Wiener Jr. Foundation
Mr. William Wiener

Circle of Care
(\$5,000+)

Anonymous (7)
Mr. Scott Adams
Ms. Sophie Alweis and Mr. Lance Grebner
American Endowment Foundation
Arkay Foundation
AYCO Charitable Foundation
Mr. L. E. Bassler
Ms. Nancy Belcher
The Benevity Community Impact Fund
Ms. Eloise Bouye
Hon. Sen. Bill Bradley and Dr. Betty Sue Flowers
Dr. Ernestine Schlant Bradley
Ms. Barbara K. Brown
Mrs. Erika Brunson
Dr. and Mrs. Dixon Butler
Mr. and Mrs. Oliver Cameron
Mr. William J. Charlton
Ms. Kathleen Cheevers
Mr. David Chelimer
Chicago Community Trust
Chicago End-of-Life Care Coalition
Louis R. Cohen Esq. and The Hon. Bonnie R. Cohen
Mr. Donald A. Collins and Mrs. Sarah Gamble Epstein
Mr. and Mrs. Edward Connors
Mr. David Corkery
Ms. Joan Walkup Corrigan
Ms. Cora Sue Cronemeyer
Prof. K. Patricia Cross
Mr. and Mrs. Terry Dale
The Darwin Foundation
Davies/Weeden Fund
Mrs. Karen Dean
The Deikel Family Foundation
Mr. and Mrs. Theodore Deikel
Denison Family fund of the Oregon Community Foundation
Ms. Harriet Denison
Hester K. Diamond
Mary and Bob Dodge
Ray and Dagmar Dolby Family Fund
Mrs. Dagmar Dolby
Jaren and Bruce Ducker
Mrs. Constance G. Eagle
The Eccola Foundation Trust
Mr. Bill Falik and Ms. Diana Cohen
Zalec Familian & Lilian Levinson Foundation
Mr. Edward J. Filer*
Ms. Evelyn Findl*
FJC
Ms. Linda Flanagan
Ms. Helen W. Ford*
Foundation Source
Ms. Barbara L. Franjevic
Susan and Peter Friedes
Friedman Family Foundation
Ms. Valerie Friedman and Mr. Frank Adams
Mr. and Mrs. Robert Friese
Mr. David J. Froba
Mrs. Sally Y. Froelich
Mr. Gordon Gamm
Ms. Rebecca Gaples
Richard P. Garmany Fund of The Hartford Foundation for Public Giving
Ms. Debbi Gibbs
Mrs. Phyllis M. Girvetz
Mr. and Mrs. John Goldman
Mr. and Mrs. Brad Gordon
Mr. Lance Grebner and Ms. Sophie Alweis

Mr. Daniel S. Grossman
Gruber Family Foundation
Mrs. Celeste C. Grynberg
Mr. and Mrs. William Guensche
Leo S. Guthman Fund
Ms. Joan Haberman
Ms. Kathleen Hagen
Dr. and Mrs. Charles Hamlin
Mrs. Francis W. Hatch & Mr. Whitney Hatch
Hawks Glen Foundation
Mr. Jim Heerwagen
Mr. Merrit Heminway
Ms. Tamisie Honey
Mr. David Hopkins
Mr. and Mrs. Robert Hoyt
Humanist Fund
Ms. Arlene Inch
J. B. S. International
Claire R. and David P. Jacobus
Penny Jar Charitable Funding
Jewish Federation of Metropolitan Chicago
Jewish Community Foundation San Diego
Jewish Communal Fund
Ms. Lindsay Joost
Kaplen Brothers Fund
Mr. Alexander Kaplen
Kautz Family Foundation
Mr. and Mrs. Terry R. Kay
Ms. Ginni Keith
Ms. Susan M. Kennedy
Ms. Wendy Keys
Ms. Margaretta C. Kildebeck
Dr. and Mrs. Samuel C. Klagsbrun
Kovler Family Foundation
Mr. Peter and Dr. Judy Kovler
Ms. Marjorie Kundiger*

Ms. Ann K. Laurilliard
Mr. Steven U. Leitner
Ms. Maryel F. Locke
Mr. and Mrs. Harold Logan
Ms. Shirley J. Lynn
Mrs. Tina MacIntyre
Mr. and Ms. John P. McBride
Ms. Joan C. McCormick
Neil and Amelia McDaniel Charitable Trust
Mr. and Mrs. Rick McDonald
The Katherine K. & Henry R. McLean Charitable Trust*
Jerome Medalie Esq. and Ms. Beth Lowd
Ms. Gurdon H. Metz
Mr. Christian Folger Miller
The Max Minsky & Florence Minsky Goldstein Family Foundation
Dr. Robert I. Misbin and Ms. Audrey Pendergast
James Starr Moore Memorial Foundation
Ms. Sandra Jo Moss
The Community Foundation for the National Capital Region
Thomas M. Neal Foundation Trust
Dr. Leslie C. Newman
Noble Foundation
Ms. Nancy J. Novick*
Prof. and Mrs. Roger Nussbaum
Mr. Stephen K. Oka and Ms. Candace E. Walker
Oregon Jewish Community Foundation
Oregon Community Foundation
Mr. Michael and Mrs. Ann Parker
The Paulus Foundation
Ms. Marian Penn

JaMel and Tom Perkins Family Foundation Fund, Mr. and Mrs. Thomas Perkins
Ms. Sue Perkins
Dr. Joseph G. Perpich and Ms. Cathy J. Sulzberger
Mr. Benjamin L. Pick
Ms. Catherine H. Podell
Ravida K. Preston*
Mr. and Mrs. Laurence A. Price
Princeton Area Community Foundation, Inc.
Ruth C. Putter Revocable Trust
Karen and David Pye
Ms. Judith Queen
Mr. and Mrs. Joe L. Randles*
Arthur and Toni Rembe Rock
Rhino Digital
Ms. Carey Roberts
Mr. and Mrs. William M. Rosen
Mrs. Ritta G. Rosenberg
Mrs. Lynne G. Rosenthal
Mr. and Mrs. Howard Rossman
Harold Rubenstein Family Charitable Foundation
The Shelley & Donald Rubin Foundation Inc., Mr. and Mrs. Donald Rubin
Mr. Gerald E. Rupp
Sandler Foundation of the Jewish Community Endowment Fund, Mr. Herbert Sandler
Alice and Thomas Schelling
Ms. Lois Schnitzer
Mr. and Mrs. Joseph Schoenberg
Dr. and Mrs. Wagner Schorr
Mr. and Mrs. Charles R. Schwab
Prof. Oliver Shanks
Mr. Arthur R. Silverberg

Dr. and Mrs. Robert V. Stachnik
Morgan Stanley Global Impact Funding Trust Inc.
Ms. Joan Staple
Mr. Richard Strachan
Dr. and Mrs. Daniel W. Stroock
Ms. Christine Suppes
Ms. Barbara Swartz*
Ms. Roselyne C. Swig
Tapper Charitable Foundation
The Thompson Family Foundation Inc.
Ms. Angela Thompson
U.S. Charitable Gift Trust
H. van Ameringen Foundation
Mr. Henry van Ameringen
Vradenburg Foundation
Mr. and Mrs. George A. Vradenburg
Mrs. Pam Wald
Dr. Lucy R. Waletzky
Mr. Dougin Walker and Ms. Elizabeth H. Bromley
The Wechsler Foundation, Inc.
Weeden Foundation
Mr. and Mrs. David Wegmann
Mr. and Mrs. Robert C. Weiss
Ms. Ellen Westheimer
Dr. George B. Whatley*
Dr. Thomas J. White
Ms. Doris White*
Mrs. Daphne Tewksbury Whitman
Walter G. Wiederker Estate
Mrs. Diane Dow Wilsey
Mrs. Susan N. Wilson
Mary Wohlford Foundation
Mrs. Anita Wornick
Mr. and Mrs. Peter M. Wright
The Wyss Foundation
Mrs. Judith Wyss

Circle of Love
(\$2,500+)

Anonymous (3)
Ms. Joann W. Aalfs
Dr. and Mrs. Henry J. Aaron
Mr. and Mrs. Peter Adams
Adams Legacy Foundation
Ms. Susan W. Agger
Ms. Catherine Alden
Mrs. George Venable Allen
Mr. David Putzolu and
Ms. Christine Armer
Mrs. Bernadette Augustinack
Nancy and Joachim Bechtle Foundation
Mr. and Mrs. Joachim Bechtle
Ms. Carolyn Belgrad
Mr. Michael Berman
Mr. John Bernstein
The Brach Family Fund of the
Community Foundation of New Jersey
Ms. Betsy Brach, Prof. Darshan Brach,
Mr. Peter Brach, Dr. Tara Brach
Big Heart Pet Brands
Mr. and Mrs. James Bready
Dr. and Mrs. Arthur M. Breipohl
Ms. Toni Broaddus
Mr. and Mrs. Wesley A. Brown
Mrs. Ruth Hale Buchanan
The Burch-Safford Foundation, Inc.
Mr. Sherman Carll
Mr. Robert C. Cheek
Christoval Foundation
Ms. Kate F. Coan and
Mr. Donald A. Hofmann
Ms. Phoebe Cowles
Mr. and Mrs. R. Dougal Crowe
Dr. Nancy S. Crumpacker and
Dr. Rick Bayer
Ms. Susan Cummings

Ms. Nancy Davies
Ms. Sally Davis and
Mr. Stephen C Birdlebough
Mr. and Mrs. Henry F. Davis
Ms. Shirley Ross Davis
Dr. Andrew Griswold Dean
Hon. John O. Despres and
Mrs. Despres
Ms. Laurie T. Dewey
Pat and Jerry Dodson
Mrs. Edgar Dresner
Ms. Carol J. Duvall
Mr. and Mrs. Martin K. Eby
Ms. Delia F. Ehrlich
Lynda and Skip Everitt
Ms. Rachel Everitt
Fidelity Brokerage Services LLC
Mr. and Mrs. William Fisher
Mr. and Mrs. Charles La Follette
Mr. Morris F. Friedell
Mr. and Mrs. Michael Peter Giannini
Mr. Ramon E. Gilsanz
Mr. and Mrs. Harvey W. Glasser
Mr. and Mrs. Terry Golden
Ms. Margaret Goldman
Google Inc.
Jill and Brad Gordon Family Foundation
Mr. Jeremy A Green and
Ms. Yvonne M Adams
Ms. Dorothy D. Gregor
Ms. Julie B. Harkins
Ms. Harriet Hayes
Col. and Mrs. Wayne Herkness II
Mrs. Joyce D. Homan
Hot Pepper, Inc.
Mr. and Mrs. A. Stephen Hut
Ms. Marge L. Jackson
Ms. Susan Jacobson

Mr. Rob Nimmo and Ms. Linda Jensen
Community Foundation of New Jersey
Samuel S. Johnson Foundation
Ms. Deborah Perry and
Mr. William Kanarek
Ms. Naneen Karraker
Ms. Sara Katz
Ms. Helen A. Kay
Ms. Linda L. King
Ms. Jane King
Mr. Mike Kittross
Samuel & Francine Klagsbrun
Foundation
Mr. Willis M. Kleinenbroich
Mr. Timothy J. Lee
Ms. Lillian Lessler
Mr. and Mrs. Peter Lindman
Oliver Living Trust
Mr. Fred Levin and
Ms. Nancy Livingston
Lynn and Jack Loacker
Dr. W. Charles and Dr. Gretchen Lobitz
Dr. and Mrs. Theodore Loewenthal
Mr. and Mrs. George H. Lohrer
Mr. and Mrs. Johan L. Lotter
Dr. and Mrs. Herbert J. Louis
Dr. Dwight Moore and
Ms. Marie MacWhyte
Mr. B. Thomas Mansbach
The Mansbach Foundation
Ms. Victoria E Marone
Mr. and Mrs. William C. McGehee
Medtronic
Mr. Jerome Meislin
Mrs. Alice P. Melly
Mr. and Mrs. Christopher Meyer
Ms. Nina Miness
Rev. and Mrs. Frank H. Moss III
Ms. Morynne Motley

Mr. Matthew Nelson and
Mr. Kip Beardsley
Nussbaum Charitable Trust
Mr. Thomas R. Oliver
Mr. and Mrs. Bernard Osher
Bernard A. Osher Trust
Mr. Jonathan Palan
People Magazine
The Jay and Rose Phillips
Family Foundation, Ms. Jeanne
Phillips and Mr. Walter Harris
Mr. Charles A. Pilgrim
Mr. and Mrs. William R. Poland
The T. Rowe Price Program for
Charitable Giving
Ramsay Family Foundation
Raynie Foundation
Ms. Joy Gail Raywid
Mrs. Janet Reilly
Mr. Mark M. Rich and
Ms. Kathrin Englisch
Mr. and Mrs. Morton I. Rosen
Ms. Barbara Rosenberg
Mr. Saul Rosenthal
Mr. Donald R. Royer
Mr. John Sampson and
Mrs. Sharon L. Litsky
San Antonio Area Foundation
Mr. Peter Schaffer
Mr. Jay J. Scheldorf, Sr.
Vanguard Voyager Services
Mr. Harlan Seymour
Ms. Linda L. Le Shanna
Mr. Russel Shon
The Byron T. Shutz Foundation
Mr. Daniel Stone
Dr. Howard Denison Stowe
Doctors Michael and Molly Strauss
Ms. Patricia A. Sullivan

Mr. and Mrs. Charles J. Swindells
Ms. Margaret Taliaferro
Mr. and Mrs. Tad Taube
Taube Philanthropies
Mr. Vo Tran
United Health Group
Mr. Jorge A. Uribe
Mrs. Marcia S. Vincent
Ms. Barbra D. Vogen
Harvey and Leslie Wagner Foundation
Ms. Leslie K. Wagner
Mr. Stephen Weinroth
Mrs. Arlene C. Weintraub
Weissman Family Foundation
Mr. Daniel M. Weissman
Dr. and Mrs. Van Zandt Williams
Mr. John B. Winston, Esq.
Hon. Sen. Timothy Endicott Wirth and
Mrs. Wren Devereux Winslow Wirth
Mr. Paul R. Q. Wolfson and
Mr. Neil W. Cohen
Mrs. Anne Robinson Woods
Ms. Charlene Zidell

Circle of Hope
(\$1,000+)

Anonymous (15)
Drs. Sophia and Marc F. Abramson
Mrs. Margaret M. Ackerman
Mr. Richard Adelaar
The Adelaar Foundation
Adler Family Foundation
Mr. and Mrs. James Barron Adler
Ms. Ioe Adler
Adler-Jarach Fund
Ms. Madelon S. Affeld
Mr. Erwin J. Alexy

Ms. Sally V. Allen
Mr. Bill Anderson
Ms. Penny Andrews
Mrs. Patricia Vaughn Angell
Ms. Patricia Angell
Mrs. Beth L. Armsey
Dr. George E. Arnstein
Ms. Hilda Aronson
Ms. Nancy Arseneault
Ms. Nancy Ayres
Ms. Marianne Baldrice
Mr. Neil D. Baldwin
Mr. and Mrs. Robert S. Ball
Mr. and Mrs. Ned Bandler
Mr. and Mrs. Hancock Banning II
Mr. Steedman Bass
Ms. Nancy C. Bean
Ms. Pam Beardsley
Mr. Jim Beneventi
Mr. Allan Berenstein
Mr. and Mrs. Robert G. Bergman
Berman Family Foundation
Drs. Leonard and Jane Bernstein
Capt. David Bernstein
Mr. John W. Berresford
Mr. and Mrs. Edward Betts
Mr. and Ms. John J. Biggs
Mr. Bruce Bittan and
Ms. Marina C. Crispo
Ms. Kathy Black
Mrs. Audrey W. Bloch
Blum-Kovler Foundation
Ms. Monique Bondeux and
Dr. Robin Petty
Mr. and Mrs. Garrett Boone
Christiane de Bord
Mr. and Mrs. James C. Borg
Boston Foundation

The Community Foundation
Boulder County
Ms. Frances F. Bowes
Ms. Caroline C. Bramhall
Ms. Frish Brandt
Sanford and Jane Brickner
Advised Fund of Santa Fe
Community Foundation
Bridgewood Fieldwater Foundation
Mr. Burnett Britton
Ms. Gertrude S Brown
Dr. Carl Brownsberger
Mr. Neal Buchalter
Ms. Susie Buell
Mr. Terry E. Burgess
Ms. Dorothy H. Burnett
Ms. Katrina C. Bush
Mrs. Joann Bush
Ms. Julia Butters
Ms. Pamela H Byatt
Mr. James Call and
Ms. Kris Conquergood
Ms. Natalie B. Campbell
Dr. Phyllis and Mr. Joseph Caroff
Foundation for the Carolinas
Mr. and Mrs. Richard Casey
Mr. William R Cate
Mr. and Mrs. Ronald Cease
Cedar Fund of the Princeton
Area Community Foundation
Mr. Rick Cermak
Prof. Kathy L. Cerminara
Mr. Robert Chambers
Ms. Eleanor Chandler
Chicago Community Foundation
Mr. and Mrs. James E. Childs
Ms. Anne M. Clark
Mr. Robert T. Coffland
Ms. Carole A. Cohen

Mr. and Mrs. Bertram J. Cohn
Ms. Elizabeth Cole and
Mr. Peter Newman
Mr. David M. Collins and
Ms. Stephanie Garber
Mr. Brian Collins
Ms. Anne Cooke
Mr. Richard Cotter
Mr. Charles L. Courdy and
Ms. Elaine Burdell
Phoebe Cowles Revocable Trust
Ms. Joan W. Cox
The Coxhead California
Charitable Fund
Mr. Michael Cross
Mr. Jay A. Dackman
Mrs. Laura Gardner Dale
Ms. Nan Dale
Ms. Arville Damner
Mr. John A. D'Angelo
Mrs. Margery Dannenberg
Ms. Rachel Dardis
Mr. and Mrs. Gerald Daugherty
Ms. Jamini Vincent Davies
Mr. and Mrs. Richard S. Dawson Jr.
Mrs. Elizabeth Gretchen De Baubigny
Ms. Linda Van Winkle Deacon
Mrs. Zyla Deane
Mr. Edward E. Demartini
Mrs. Patricia Dennis
Mr. Joseph T. Derry
Mr. and Mrs. Lyle A. Dethlefsen
Dr. Patricia DeYoung
Shelia DiDonato Namm, RN, JD and
Pietro DiDanato
Mr. Richard E. Dillon
Ms. Jennifer A. Dobbs
Ms. Shirley Doell

Dixon and Carol Doll Family Foundation
Ms. Carol Doll
Ms. Anna Dombrowski
Ms. Judith Don and
Mr. Mitch Bayersdorfer
Ms. Debra Morgan Dooley
Dopkin-Singer-Dannenberg Foundation
Mr. Redmond L. Dougherty and
Mrs. Christina Dougherty
Ms. Elizabeth L. Dovenbarger*
Mr. Robert B. Dowse
Mr. Justin Draeger
Rabbi George B. Driesen, JD and
Mrs. Sue Dreisen
Miriam Dubin
Mr. Jack O. Duncan
Dr. Linda E. Durham
Mr. Steffan Dye
Dr. Dean Edell and Dr. Sharon Edell
Mr. Jon B. Eisenberg and
Ms. Linda Hillel
Mr. Bob Ellis
Mr. and Mrs. Edwin Engelhaupt
Mr. Barry Ensminger
Equity Foundation
Ms. Lyn M. Erickson
Ms. Lorre Erlick
Mr. Russell Ewert
Mr. and Mrs. James R. Falender
Ms. Mary B. Fell
Mr. and Mrs. Paul Filseth
Mr. Roger W. Findley
Ms. Ruth Fischer and Mr. Richard Lugg
Dodd and Nancy Fischer
Mr. and Mrs. Richard A. Fish
Ms. Nolie Fishman
Ms. Frannie Fleishhacker
Mr. Stewart Florsheim and
Ms. Judith Rosloff

Dr. Robert F. Foran and
Dr. Carole Foran
Dr. Alexandra Fraser
Dr. Ralph Frerichs
Mr. Sam Friedenberg and
Ms. Sandra Tetzloff
Mrs. Laurel E. Friedman
Dr. Judith Friedman
Mr. and Mrs. Donny Friend
Mr. Earl J. Funk
Ms. Paula Gambs
GE Foundation
Cindy and Robert Gelber
Hon. and Mrs. Henry Geller
Ron & Catherine Gershman Foundation
Mr. and Mrs. Charles R. Gibbs
Ms. LaVeta Gibbs
Mr. Dale H. Gieringer
Mr. and Mrs. Arnold B. Glimcher
Mrs. Helen R. Golden
Leila and Steven M. Gompertz
Donor Advised Fund in Memory
of Michael Gompertz
Mr. Robert Gondelman
Mr. and Mrs. David M. Goodman
Ms. Lorraine Graves Grace*
Greater Kansas City
Community Foundation
Mr. Neal Green
Dr. Robert A. Greene and
Mrs. Susan E. Presberg-Greene
Ms. Linda Joyce Greenhouse
Mr. Philip R. Gula
Mr. and Mrs. Mark D. Hagen
The Jon L. Hagler Foundation
Ms. Alice Wiley Hall and Mr. Peter Hall
Ms. Bobbie Hallig
Mr. and Mrs. Roland L. Halpern
Ms. Sigrid J. Hammond

Ms. Anne W. Hammond
Mr. Grant A. Hanessian and
Ms. Anne Schwartz
Mr. and Mrs. Earl K. Hanna
Dr. Maren Hansen
Ms. Martha Hansen
Ms. Jan S. Harden
Mr. Leo Harris and Ms. Ann Simms
Mr. and Mrs. David F. Hart
Dr. and Mrs. Everett T. Hart
Mr. Phil Harvey
Ms. Gina Hattenbach
Mr. Eric Heit
Mrs. Janet J. Hemming
Ms. Laura Henderson
Ms. Barbara L. Hennig
Ms. Carolen Herst
Mr. and Mrs. Harold Hestnes
Mr. and Mrs. William Hillig
Ms. Georgie M. Hitson
Mrs. Donald Hoagland
Mr. Raymond S. Hockedy
Ms. Jeannette B. Hofer
Mr. Steven J. Hoffman
Mr. Peter J. Holden
Ms. Nanci Hollas
Janice and Maurice Holloway
Ms. Barbara Shaw Holme
Mr. and Mrs. Irwin Holzman
Mr. Jay Holzman
Pam Woodley Household
Mr. Warren M. Howe and
Ms. Janet S. Karon
Ms. Linda Huber
Mr. George Hume
Mr. and Mrs. Donald F. Hunt
Mr. Dan and Mrs. Irene Hunter
Mr. and Mrs. Philip H. Ingber

Ms. Karen C. Ingwersen
Ms. Jazzmyn Inisis
Mr. Edward N. Jacobson
Adler Jarach Fund of the
Equity Foundation
Ms. Margaret K. Jarvis
The JCT Foundation
Ms. Christina Jennings
Mr. and Mrs. Michael D. Johnson
Sharon Johnson
Mrs. Cynthia C. Jones
Jones Family Trust
Mr. John H. Jordon*
Mr. William B. Joy and
Ms. Susanne Marie Stegmiller
Ms. Emily G. Kahn
Mr. Stephen S. Kaloyanides
Ms. Marjorie L. Keely
Dr. Vance C. Kennedy
Mr. and Mrs. Douglas Kinney
Ms. Nancy Kivelson
Ms. Jody Kleinman
Ms. Jan Ellen Kliger
Ms. Virginia M. Knapp
Mr. and Mrs. Herbert S. Koch
Drs. Jan and Diane Koch-Weser
Ms. Blossom J. Krakauer*
Ms. Elise Kroeber
Mr. Steven Kronheim and
Ms. Marcia Bond
Mr. Carlton W. Laird
Mr. and Mrs. Michael Lambert
Ms. Neuritsa Lancaster
Mrs. Carol S. LaPierre
Ms. Sylvia A. Law
Mr. and Mrs. William Lawrence
Mr. Wesley Lawrence
Ms. Esty D. Lawrie

annual report

Ms. Tina Lear and Ms. Elena Terrone	McConnell Family Fund	Charitable Trust, Dr. and Mrs. Arthur Nielsen	Mr. Robert Petersen and Dr. Veronica Petersen	Mr. Jonas Roever	Dr. Herb Silverman and Ms. Sharon Fratepietro
Mr. and Mrs. Gordon Leavitt	Mr. John W. McDonald	Mr. J. Christopher Nielsen	Mr. and Mrs. Darold D. Peterson	Dr. and Mrs. Peter Rogatz	Stephen A. and Bonnie W. Simon
Mrs. Maureen S. Lee	Ms. Carolyn Mehran	Mrs. Susan Bay Nimoy	Mr. and Mrs. Gary Malick Pfeiffer	Mr. Marc Rosen	Esther Simon Charitable Trust
Mr. Robert Leech	Mr. and Mrs. Donald Melville	Mrs. Kay F. Noble	Joy F. Sabl, PhD	Ms. Dee Roth	Mr. and Mrs. Jim Sims
Ms. Louise Lees	Ms. Nancy S. Mercure	Mr. and Mrs. Bruce Nordstrom	Prof. John J. Pikulski	Ms. Becky Rozman	Ms. Sandra Sizer
Mrs. Linda Leffert	Mr. Paul M. Mershon	Ms. Wilda Northrop	Mr. Philip Plant and Ms. Barbara Schraeger	Mr. Brian Ruder and Ms. Michael H. James	Peggy Skornia
Mr. Peter Leffman	Dr. and Mrs. Craig E. Messersmith	Mr. and Mrs. David P. Norton	Ms. Ann Hochschild Poole and Mr. Rooney Poole	Mr. James A. Rupke	Ms. Barbara A. Sloop
Mr. Rodney Lehman	Mr. Francis Meyler	Ms. Ellen S. Nusblatt	Ms. Sue D. Porter	Mr. Paul Sack and Ms. Shirley Davis	Dr. Michael S. Smith
Dr. Diane Leresche	Carol Yanowitz and Bruce Miller	Ms. Virginia G. Nyhart	Mr. James Posner and Ms. Jill J. Prosky	Dr. Peter F. Salomon and Mrs. Patricia Morgan	Ms. Barbara Smith
Dr. and Mrs. Alexander H. Levi	Ms. Bette Boyce Miller	Obermayer Foundation Inc. Doctors Judith H. and Arthur Obermayer	Posner-Wallace Foundation	Santa Barbara Foundation	Mr. and Mrs. Peter Snow
Prof. and Mrs. Roger K. Lewis	Mr. Virgil V. Miller	Ms. Colleen O'Callaghan	Mrs. Diana Hitt Potter	Community Foundation Santa Cruz County	Mr. and Mrs. Robert Sockolov
Peter & Mary Fran Libassi Foundation	Ms. Tollie Miller	Mr. Kurt Oetiker	Ms. Nancy B. Pyburn	Santa Fe Community Foundation	Freedom Fund of Sonoma County
Linde-Sande Family Fund	The Minneapolis Foundation	Mr. Ryan O'Grady	R. B. C.	Community Foundation of Sarasota County, Inc.	Mr. and Mrs. Max M. Sovell
Mr. and Mrs. Barry Lipman	Ms. Sandra Earl Mintz	Ms. Kathryn O'Keefe	Ms. Helen Hilton Raiser	Mrs. Claire K. Sargent	Dr. Wesley E. Sowers and Dr. Sara Hamel
Mr. and Mrs. Robert Lipsig	Mr. Perry Mitchell and Ms. Pamela S. Woodley	Ms. Leslie O'Loughlin	Mr. Mike Rakeshaw and Ms. Susan Benner	Mrs. Judith Schaefer	Ms. Luella N. Spadaro
Ms. R. Gisela Lloyd	Ms. Helen Mitchell	Dr. Robert Olvera	Mr. and Mrs. Bruce Ramsay	Ms. Elizabeth Schlosser	Mr. John Speicher
Lockheed Martin Employees Political Action Committee	Ms. Lynn Mitchell	Ms. Thelma C. Ordonez	Mrs. Nonie B. Ramsay	Mr. Fred Schreiber	Mr. Sterling K. Speirn
Ms Susan Loesser	Mr. Stephen W. Modzelewski and Mrs. Deborah Sze	Ormsbee Family Fund	Ms. Ruth Drake Reed	M. Scott & Aroline P. Chapin Family Trust	Mr. Jesse L Spurgeon
Mr. and Mrs. John Loose	Ms. Elizabeth B. Monagle	Ms. Ann N. Ott	Mr. and Mrs. John A. Reeves	Ms. Melinda B. Scrivner	Mr. Barrett Stambler and Ms. Bobbie Regan
Mr. Harry M. Lowd	Mr. and Mrs. Arthur Cotton Moore	Dr. and Mrs. David Otto	Dr. Monique Regard	Mr. and Mrs. Michael J. Seaman	Ms. Nancy E. Stanley
L Y	Ms. Barbara C. Moore	Ms. Jean P. Owens	Reliable Credit Association Inc.	Ms. Patricia Sehnert	Dr. David D. Stein and Dr. Phyllis A. Kempner
Dr. and Mrs. Peter B. Lyon	Mr. Ricardo Moran	Mr. Harold L. Parker	Renaissance Charitable Foundation, Inc.	S. E. I. Giving Fund	Ms. Patricia C. Stein
Mr. Daniel A. Lyons	Mrs. Katharine B. Morgan	Mrs. Margaret P. Parker	Mrs. Rachel Resnikoff	Ms. Susan M. Severo	Mr. John H. Steinberg and Ms. Jill Pliskin
Earl M. and Margery C. Chapman Foundation	Ms. Viola Moritz	Mrs. Gertrud Parker	Anita B. and Howard S. Richmond Foundation, Inc	Mr. and Mrs. Peter H. Shattuck	Ms. Betsey L. Stevens
William A. Shapiro M.D.	Ms. Irene Morris	Mr. and Mrs. Clifford Pash	Prof. Alan Ritter and Prof. Eileen Silverstein	Mr. John N. Shepherd and Ms. Katharine Gale	Dr. Michael P. Stevens
The Maggie & Waggie Foundation, A Donor Advised Fund of Renaissance Charitable Foundation	Ms. Maryanne Mott	Ms. Laurel Patrick	Ms. Gay A. Roane	Ms. Nancy L. Shepherd	Mr. John T. Stewart
Mr. John F. Manfredi	Mr. George Mrus	Ms. Jane Peattie	Ms. Shaunagh R. Robbins	Mr. Dan Shia and Ms. Hui-Yun Yuan	Ms. Karen Stewart
Manloy Heritage Foundation Inc.	Mr. and Mrs. Terry H. Mullin	Mr. Leonard R. Pellettiri and Ms. Mary B. Rose	Dr. John H. Roberts	Mr. Daniel Shia	Mr. Daniel Stone
Ms. Pamela Mann	Laura and Jim Murray	Mrs. Mary R Pellettiri	Dr. and Mrs. Charles W. Robertson	Ms. Laura Shlien	Mr. and Mrs. Donald Strauber
Mr. Lou Marchello	Prof. John F. Nagle	Mr. Thomas Pentecost	Mrs. Jeanne Robertson	Ms. Mary J. Shor	Mrs. Helen Studley
Marin Community Foundation	National Philanthropic Trust	Ms. Gladys Perez-Mendez*	Mr. and Mrs. Peter M. Robinson	Mr. Herman Siegelaar	Mr. and Mrs. John Sullivan
Mr. Joseph Marino	Mr. and Mrs. Irvin S. Naylor	Ms. Margot Birmingham Perot	Ms. Mary Leonard Robinson	Silicon Valley Community Foundation	Dr. and Mrs. Edwin S. Sved
Ms. Veronica Marshall	Naylor Family Foundation	Perot Foundation			Ms. Iva M. Swayne
Mr. Stephen May and Mr. Edward Casson	Ms. Carolyn Neketin	Mr. Joseph Perta			
	Ms. Joyce Newstat				
	Arthur C. Nielsen Jr. Family				

annual report

Ms. Jane V. Talcott
Ms. Lois Talkovsky
Mr. and Mrs. Irving Tallman
Ms. Carol Tamparo
Dr. Ellen Tarlow
Mr. and Mrs. Jeff Tarr
Dr. Carol Tavis
Mr. James B. Taylor
Mr. John D. Teller
Col. Brian J. Tenney
Mr. and Mrs. Claude Thau
Mr. James M. Thomas
Mrs. Laura L. Thompson
Ms. Alleen Thompson
Ms. Mary L. Tinsman
Ms. Carolyn Titus
Tornquist Family Foundation
Mr. John Tornquist
Ms. Ama Torrance
E. H. Traynor
Triangle Community Foundation, Inc.
Mr. Percy J. Trudeau
Ms. Gloria Turgeson
Ms. Barbara Tyner
Dr. Jane Takeuchi Udelson
United Way of Central New Mexico
Dr. and Mrs. Daniel Vapnek
Ms. Joan Vivaldo
Ms. Betsy Vobach
Mr. & Mrs. Isidor Wachstein &
Sons Julius & Thau Family Fund
Mr. Frederick E. Wadsworth
Mr. Bill Wagner
Ms. Margaret K. Wales

Warsh-Mott Funds
The Tim and Linda Washburn
Family Fund
Mr. and Mrs. Edward B. Wasson
Ms. Lucinda Watson
Mr. Paul Weber
Mr. Hartley D. Webster and
Mr. Benson Webster
Mr. and Mrs. Walter H. Weiner
Ms. Lucie Weissman
Ms. Darla W. Wendel
Mr. Edward E. Westbrook
Mr. John E. Wetzell
Mr. Brent Wheeler and
Ms. Kathryn Sweeney
Mr. and Mrs. Bradley A. Whitman
The Harold Widom Fund at Community
Ftn Santa Cruz County, Mr. Harold
Widom and Ms. Linda Larkin
Mr. and Mrs. William E. Williamson
Ms. Suzanne Wilson
Mr. and Mrs. Jack Witter
Mr. Michael Wolf
Ms. Anna Lou Wooldridge
Gloria Nagy and Richard Saul Wurman
Ms. Patricia C. Wyse
Dr. Elaine S. Yamaguchi
Mr. and Mrs. Joseph Yasgur
Mrs. Jacqueline L. Young
Mr. and Mrs. Milton Zaitlin
Ms. Jeanne E. Zasadil
Ms. Cici Zellerbach
Ms. Deborah Ziegler and
Mr. Gary Holmes
Dr. and Mrs. Price Zimmermann



FOR THE FIFTH YEAR IN A ROW *Compassion & Choices has earned a four-star rating from Charity Navigator, the nation's leading evaluator of nonprofits. Only 5 percent of the more than 8,000 charities they rate achieve that status — the highest level they offer — for so many years running.*



The Champions Circle monthly giving program allows you to contribute automatically each month, helping us plan our work more effectively. Signing up is simple, and you can make changes or cancel at any time.

Join our Champions Circle with the envelope in this issue or online at CompassionAndChoices.org/Donate.

Be a **CHAMPION** for Choice



“ I live life according to my own terms. The end of my life should be no different. It gives me great pleasure to know my automatically recurring quarterly gifts help make that happen for people in more and more states in the meantime.”

– Jay Dackman and his dog Buddy, Maryland



Care and Choice at the End of Life

PO Box 101810
Denver, Colorado 80250-1810
800 247 7421
CompassionAndChoices.org



Doc2Doc Program

Answering Physicians' End-of-Life Questions

As a doctor, your relationship with each patient is critical to determining the course of care he or she truly wants. Doc2Doc helps physicians provide up-to-date care to patients who seek answers about available end-of-life options.

Call us anytime: **800.247.7421** or
Email us: doc2doc@CompassionAndChoices.org

